# Macomb Township Parks & Recreation Department

# Recreation Events Activities & Center Happenings

20699 Macomb Street • Macomb, MI 48042 • (586) 992-2900 (Off Broughton Road, south of 25 Mile Road)



# DEAR RESIDENTS.

Now that spring has arrived it's time to start thinking about your summer activities. Please look over the latest edition of our R.E.A.C.H. catalog, which covers program offerings from May to August.

The Phase II project of the Recreation Center is set to begin in May and will take 12 to 15 months to complete. In addition to the Recreation Center, both Macomb Corners and Waldenburg Parks are available from dawn til dusk for our residents' enjoyment. Hopefully you will have an opportunity to spend some leisure time with us.

R.E.A.C.H. offers a variety of recreational experiences. We hope we have offered something that interests you and your family. Any feedback concerning our programs is always welcome. Please contact us at (586) 992-2900 or at parks-rec@macomb-mi.gov.

Sincerely,

The Macomb Township
Parks and Recreation Department

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ON OUR COVER: Come enjoy summer outdoor activities in Macomb Township and year-round at the Macomb Township Recreation Center.

# NEW REGISTRATION PROCEDURE!

#### RESIDENT REGISTRATION

Advanced Registration for Macomb Township Residents will take place Saturday, April 29, 2006 from 8:00Am-11:30Am at the Macomb Township Recreation Center.

Registrations will NOT be accepted after 11:30AM on this day.

WE ACCEPT CASH AND CHECK PAYMENTS ONLY. PLEASE BRING A DRIVER'S LICENSE OR OTHER PICTURE IDENTIFICATION.

#### RESIDENT WALK-IN REGISTRATION

Registrations will be accepted from Macomb Township Residents on Monday, May 1 and Tuesday, May 2 from 8:00AM - 8:00PM at the Macomb Township Recreation Center.

#### **SWIM LESSON INFORMATION**

Those individuals wishing to register for swimming lessons who have not previously taken a swim test or participated in our swim lessons must take a swim test. Swimming tests will be conducted on April 29 during the time of registration. Additional swim test dates are May 1-4. Please read pages 6-7 in this brochure for detailed information regarding swim lessons and swim tests. Only Resident Registrations will be processed April 29.

Registrations will NOT be accepted after 11:30<sub>AM</sub> on this day.

#### MAIL-IN REGISTRATION

Mail-in registrations from residents will be processed on Wednesday, May 3 from 8:00am- 12:00pm. In the event the class is full, you will be notified.

#### **OPEN REGISTRATION**

Beginning Wednesday, May 3 at 12:00pm, open registration will begin for everyone. Registrations will be taken at the following times: Monday-Friday, 8:00am-8:00pm; Saturdays, 9:00am-4:00pm; Sundays, 1:00pm-4:00pm.

# ATTENTION PATRONS

Beginning January 1, 2006 all patrons signing up for Macomb Township Parks and Recreation activities will be allowed to register members of their immediate family and one other family only. A signed registration form with name and address and separate payment must be provided for each family.

Thank you for your cooperation.

**Macomb Township Parks and Recreation** 

# MACOMB TOWNSHIP PARKS

# ENJOY SPENDING TIME THIS SEASON AT ONE OF OUR PARKS



# WALDENBURG PARK

Location: North side of 21 Mile Road, east of Romeo

Plank Road

Features: Children's play area, picnic pavilions,

basketball court, two sand volleyball courts,

walking trail, restrooms

**Hours:** Dawn to Dusk, April 15-October 31





# MACOMB CORNERS PARK

Location: North side of 25 Mile Road, east of Romeo

Plank Road

Features: Three lighted ball diamonds, two soccer

fields, two football fields, inline skating rink, playscape, picnic pavilions, concession stand,

restrooms

**Hours:** Dawn to Dusk, April 15-October 31



**Please note:** Macomb Township picnic pavilions are not available for reservation. They are available on a first come first serve basis. All parties are requested to follow the golden rule of leaving the pavilions in a cleaner state than they found it at the conclusion of their gathering.



# MACOMB TOWNSHIP RECREATION CENTER

20699 Macomb Street (off Broughton Rd., south of 25 Mile Rd.)



# AQUATIC AREA

The MTRC Aquatics Center has a variety of features sure to provide fun to everyone of every age. Our water playground begins with a zero depth entrance where you can walk through or around geysers. This pool features a multi-level playground where children can interact with water controlling devices before shooting through the slide. This pool reaches a maximum depth of 18 inches.

For the more adventurous type, try our three story water slide. This journey begins as you climb the stairs up to the top of the center. The slide will take you around several curves before you exit into our splash down pool.

Others can stroll around in our lazy river, where a waterfall awaits those who choose. Inside our river is a vortex where quests are spun around by circular water movement.

Ever wanted to walk on water? You can attempt to walk across our floating log walk. There are lap lanes for those who still enjoy a good swim. After this much enjoyment our older guests can relax in our hot tub! Or catch some rays on our outdoor sundeck.

### FITNESS CENTER

The MTRC fitness center consists of 7,400 sq. ft. of Cardiovascular Equipment, Selective Machines, & Free Weights. You must be 14 years of age or older to be on the second floor.

- Treadmills
- Elliptical Crosstrainers
- Total Body Elliptical
- Nu Step
- Recumbent & Upright Bicycles
- Stair Climbers
- Selectorized Machines
- Dumbells
- · Curl Bars
- Multi-Functional Trainers
- Smith Press & Leg Press Station
- Cable Tower System
- 16 Station Circuit Training
- Incline Benches
- Over 1,500 lbs. of weight plates

#### The Track

The track is comprised of a specialized rubber surface designed to reduce stress on muscles and joints upon impact. It is a non-competitive track perfect for walkers, joggers, and runners. The track is equipped with timers to assist in your desired workout pace. The track is intended for fitness only. One Mile = 15 laps.

#### **Party Room**

The Party Room is a perfect place to host your child's next birthday party! Located off the pool deck, sun deck, and main atrium, it's the perfect location to enjoy the center. The room is equipped with its own counter and sink!

#### **Gymnasium**

Full size gymnasium with floating Sportswood Altra Star floor. The gym features 6 basketball rims, a movable dividing curtain and is equipped for volleyball and badminton play.

#### Tree-Top Town

Come play among the trees and enjoy our indoor play structure with slides, tubes, rock climbing walls, and movable helicopter and interactive toys. This large indoor play structure is ideal for children 10 years of age and under. An additional small play structure is available for toddlers. The room is floored with a soft play surface. Parents must accompany children. Socks are required.

### **Tadpole Town Child Watch**

Two Hour maximum child watch for ages 6 months to 10 years old. Various activities are offered such as games, movies, board games, arts-n-crafts, coloring, etc. The room is equipped with a small child's restroom.

#### **Game Room**

Guests can enjoy playing billiards, foosball, bubble hockey, or a wide variety of board games can be used while visiting.

#### **Exercise Room**

Equipped with a floating Sportswood Altra Star floor, a state of the art sound system, and two mirrored walls; Aerobics, Dance, and other exercise related activities have never been so enjoyable.

#### Locker Rooms

Separate male and female locker rooms and shower rooms. Each is equipped with lockers for storage of clothing. Guests must bring in their own lock.

#### **Family Changing Cabanas**

6 cabanas especially designed for families are available for use. Each is equipped with a shower, changing station, sink and toilet. Larger lockers are located outside of rooms for storage of multiple guests' items.

# AEROBICS POLICY

Registered participants will receive their Aerobics punch card on the first day of their class. Two (2) times per week classes will receive a Fourteen (14) Aerobics punch card; One (1) day classes will receive a Seven (7) Aerobics punch card. It is the responsibility of each participant to bring their cards with them to each class. Participants will not be allowed to participate without their punch cards. Cards expire the last day of class.

# DROP-IN AEROBICS

#### **Schedule and Rates**

During various weeks the Macomb Township Recreation Center will conduct drop-in aerobics classes daily. The fee during this one week period is \$5.00 per class held Monday-Friday; and \$6.00 during Saturday classes. Current Macomb Township Members will be admitted free to these classes. During regular sessions, the drop-in rate is \$10.00 per class.

### MTRC

The Macomb Township Recreation Center (MTRC) was built for the recreational enjoyment of all members and our guests. Please treat the facility, other patrons and staff with respect. If you have any questions, a detailed list of facility rules is available at the reception desk.

- Children 10 years of age and under must be accompanied by an adult.
- Guests must bring their own locks. (May be purchased from Front Desk)
- There is no parking allowed on the East side of Broughton Rd
- All teenage patrons wishing to utilize the fitness center must receive a Blue Stamp at the front desk. (High School ID or Birth Certificate are required for proof.)

# HOURS OF OPERATION

**20699 Macomb St.** (off Broughton Rd, south of 25 Mile Rd) **(586) 992-2900** 

Monday – Friday	6:00ам — 10:00рм
Saturday	
Sunday	

# Aquatics schedule varies, please stop by front desk for schedule.

#### **Tadpole Town Child Watch**

Monday – Saturday	8:00ам — 1:00рм
	<sup>7</sup> 4:00рм — 9:00рм

#### \*\*Rates\*\*

Child watch is \$2.00 per hour for the initial child & \$1.00 per hour for each additional child. 2 hour maximum time per visit.

(Does not apply to Aerobics Child Watch fees.)

# MTRC DAILY FEES

Residents	\$5.00
Non-Residents	\$10.00
Children 3 and under are admitted free with paying	adult

# MTRC MEMBERSHIP FEES Monthly

(Monthly Deductions from Checking or Savings account)

,	MTR	NR
Head of Household	\$25. <sup>00</sup>	\$50.00
Spouse	\$15. <sup>00</sup>	\$30.00
	\$10.00	
Seniors (55+)	\$15. <sup>00</sup>	\$30.00

#### Annual Membership

	MTR	NR
Head of Household	\$300.00	\$600.00
Spouse	\$180.00	\$360.00
Dependent		
Seniors (55+)		

Children 3 and under are admitted free with paying adult. One Month Trial Membership rates are available; ask the front desk for further info. All patrons must show proof of residency to receive resident rate:

- Valid Driver's License OR
- School ID with: Home Utility Bill School Report Card

# LOOKING FOR A PLACE TO HOST A B-DAY PARTY?

Look no further than the Macomb Township Recreation Center. Parties can be booked up to 1 year in advance. A variety of food packages are available to choose from.

Contact the Front Desk for additional information.

# LOST & FOUND POLICY

Lost & found items will be kept at the Macomb Township Recreation Center for 30 days. After 30 days all items will be donated to a local charity. Please contact a staff member if you accidentally left any of your belongings at the Recreation Center during your visit.

# INCLEMENT WEATHER

Call the Macomb Township Hotline at 586-992-2909 to hear program cancellations or delays due to weather. Cancelled classes will be announced at least 45 minutes prior to the start of the class. Remember, a morning class cancellation will not automatically mean evening classes are cancelled. Keep informed, call our hotline.

# MTRC HOLIDAY HOURS

The Macomb Township Recreation Center will have modified hours during Holidays & Special Events:

Facility Hours	8:00ам	<b>–</b> 5:00рм
Open Swim Hours	12:00рм	— 4:00рм

Monday, May 29, 2006 Tuesday, July 4, 2006 Saturday, July 22, 2006 Monday, September 4, 2006

# PERSONAL TRAINING

#### Private & Semi-Private Personal Training Available

The Macomb Township Recreation Center offers Private & Semi-Private Personal Training with our Certified and Highly Knowledgeable Trainers.

#### Members / Residents:

1	Hour	Private Lesson	n	\$40.00	per	hr.
1	Hour	Semi-Private	(2 Person)	\$60.00	per	hr.

#### Non-Residents:

1	Hour Private Lesson	\$60.00 per hr.
1	Hour Semi-Private (2 Person)	\$80.00 per hr.

For further information and to sign-up for personal training, please call or visit the Front Desk.

- Payment for personal training must be made within 48 hours of scheduled session
- 24 hr. advanced notification required for cancellations to reschedule
- All personal training sessions are non-refundable.

# SWIM LESSONS

(Ages 6 months - Adult) **Macomb Township Recreation Center** 20699 Macomb Street (off Broughton Rd., south of 25 Mile Rd.) **REGISTRATION BEGINS April 29, 2006** 

Formal swim lessons are available for participants from 5 years through adult. Special Programs are also available for preschoolers as young as six months old. Qualified and dedicated instructors will provide swim instruction using the American Red Cross aquatic programs. The program teaches water safety and swimming skills using a progressive approach. Therefore, with the exception of minimum age requirements, enrollment in the listed programs is determined by skill performance and not necessarily by age.

Special Note: Participants may be registered for only one section of swim lessons at a time. Registering for consecutive sections may result in the participant being enrolled in an inappropriate level for a later section, and cancellation may be required.

# PRESCHOOL SWIM LESSONS

(6 months - 4 years)

MTR Fee: \$40.00 NR Fee: \$45.00 MTRC Members receive \$5.00 discount

This fun program will help your child adjust to the water and prepare him or her for entry into the Learn-To-Swim program. It is a progressive 3-level program that explores underwater skills and buoyancy as well as introduces coordinated arm and leg movements on the child's front and back. Completion of this program should prepare your child for the 6-level Learn-To-Swim program.

#### LEVEL A (6 months - 2 years)

(Parent must accompany child in the water)

Class Size: Minimum 5/Maximum 10

The goals of Level A are to provide experiences and activities for parents and children to: Learn to enter and exit water safely, feel comfortable in the water, submerge, explore buoyancy on front and back, change body position in water, and learn about choosing and using life jackets.

#### LEVEL B (18 months - 4 years)

(Parent may accompany child in the water, not required)

Class Size: Minimum 2/Maximum 4

Level B will add upon the skills learned in Level A. Additional skills introduced will include: submerging in a rhythmic pattern, performing combined stroke on front and back.

#### LEVEL C (3 - 4 years)

(Child works independently with instructor)

Class Size: Minimum 2/Maximum 4

Children enrolling in Level C should be comfortable in the water and working independently with an instructor. Children will explore deeper parts of the pool. They will also begin working on combined strokes on front and back. Successful completion of Level C will aid in a smooth transition into Level 1.

# REQUIRED SWIM TEST

#### **Macomb Township Recreation Center**

**20699 Macomb Street** (off Broughton Rd., south of 25 Mile Rd.)

All new students wishing to enroll in Levels  $1-5\,$  must participate in one of the REQUIRED swim tests to ensure correct placement in lessons. Preschool swim lessons do not require a swim test. Children should come prepared to swim.

**Swim Test Dates** Saturday, April 29, 2006 – 8:00-11:00am. (Must be done before registration can take place)

Mon.-Thur. - 6:00-8:00pm - May 1-May 4

Swim testing after May 4 by appointment only. Please call 586-992-2900.

#### Make-Up Swim Lessons

Make-up swim lessons will be scheduled ONLY if the pool is closed due to weather or maintenance, causing classes to be cancelled. The make-up class would occur on the next day in the sequence of classes after the last schedule class date. (e.g., If the last class is on Monday, June 13, the make-up would be Wednesday, June 15).

# LEARN-TO-SWIM

(5 years - Adult)

MTR Fee: \$45.00 NR Fee: \$50.00 MTRC Members receive \$5.00 discount Class Size: Minimum 3/Maximum 6

#### Level 1 - Introduction to Water Skills

Participants will participate in activities which allow them to feel comfortable in the water and enjoy the water safely. Students will learn elementary aquatic skills such as breath control and underwater swimming, buoyancy, swimming on front and back and personal water safety.

(Prerequisite: Participation in Swim Test)

#### **Level 2 - Fundamental Aquatic Skills**

Participants explore simultaneous and alternating arm and leg action on the front and back. This lays the foundation for future strokes such as freestyle, backstroke and butterfly.

(Prerequisite: A Learn-to-swim Level 1 certificate or demonstrated competency in Level 1 skills)

#### **Level 3 - Stroke Development**

Participants will learn to coordinate the front and back crawls. They will also learn elements for the butterfly and the fundamentals of treading water.

(Prerequisite: A Learn-to-swim Level 2 certificate or demonstrated competency in Level 2 skills)

#### Level 4 - Stroke Improvement

Participants will improve skills and increase endurance by swimming greater distances. Elementary backstroke, breaststroke and elements of sidestroke are introduced.

(Prerequisite: A Learn-to-swim Level 3 certificate or demonstrated competency in Level 3 skills)

#### Adult Swim Lessons

Participants will discuss their goals for this class with the instructor prior to beginning class. Instructor will cater the lesson to meet your goals. Whether you want to refine strtokes or have never been in the water before, we will get you moving in the direction you need.



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For detailed descriptions of the classes please see page 6.

NO CLASSES May 29 & 30, July 1 and July 3-6

DATE/DAYS	LEVEL A		LEVEL B		LEVEL C	
Session 1 Mon./Wed. May 8 – June 12	9:50 - 10:10 a.m. 5:05 - 5:25 p.m.	216007-A 216007-B	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 4:40 - 5:00 p.m. 5:30 - 5:50 p.m.	216008-A 216008-B 216008-C 216008-D	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 9:50 - 10:10 a.m. 4:15 - 4:35 p.m.	216009-A 216009-B 216009-C 216009-D
Session 2 Tues./Thurs. May 9 – June 13	9:50 - 10:10 a.m. 5:05 - 5:25 p.m.	216007-C 216007-D	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 4:15 - 4:35 p.m.	216008-E 216008-F 216008-G	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 9:50 - 10:10 a.m. 4:40 - 5:00 p.m. 5:30 - 5:50 p.m.	216009-E 216009-F 216009-G 216009-H 216009-I
Session 3 Saturdays June 3 – Aug. 12	9:50 - 10:10 a.m. 10:40 - 11:00 a.m.	216007-E 216007-F	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 9:50 - 10:10 a.m. 11:05 - 11:25 a.m. 11:30 - 11:50 a.m.	216008-H 216008-I 216008-J 216008-K 216008-L	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 10:40 - 11:00 a.m. 11:05 - 11:25 a.m. 11:30 - 11:50 a.m.	216009-J 216009-K 216009-L 216009-M 216009-N
<b>Session 4</b> Mon./Wed. June 19 – July 26	9:50 - 10:10 a.m. 5:05 - 5:25 p.m.	216007-G 216007-Н	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 4:40 - 5:00 p.m. 5:30 - 5:50 p.m.	216008-M 216008-N 216008-0 216008-P	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 9:50 - 10:10 a.m. 4:15 - 4:35 p.m.	216009-0 216009-P 216009-Q 216009-R
Tues./Thurs. June 20 – July 27	9:50 - 10:10 a.m. 5:05 - 5:25 p.m.	216007-I 216007-J	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 4:15 - 4:35 p.m.	216008-Q 216008-R 216008-S	9:00 - 9:20 a.m. 9:25 - 9:45 a.m. 9:50 - 10:10 a.m. 4:40 - 5:00 p.m. 5:30 - 5:50 p.m.	216009-S 216009-T 216009-U 216009-V 216009-W

# LEARN-TO-SWIM PROGRAMS (Ages 5 years - Adult) NO CLASSES May 29 & 30, July 1 and July 3-6

For detailed descriptions of the classes please see page 6.

DATE/DAYS	LEVEL 1		LEVEL 2		LEVEL 3	
Session 1 Mon./Wed. May 8 – June 12	10:15 - 10:45 a.m. 10:50 - 11:20 a.m. 4:15 - 4:45 p.m. 4:50 - 5:20 p.m. 5:25 - 5:55 p.m.	216001-A 216001-B 216001-C 216001-D 216001-E	10:15 - 10:45 a.m. 10:50 - 11:20 a.m. 4:15 - 4:45 p.m. 4:50 - 5:20 p.m. 5:25 - 5:55 p.m.	216002-A 216002-B 216002-C 216002-D 216002-E	4:15 - 4:45 p.m. 5:25 - 5:55 p.m.	216003-A 216003-B
Session 2 Tues./Thurs. May 9 – June 13	10:15 - 10:45 a.m. 10:50 - 11:20 a.m. 4:15 - 4:45 p.m. 4:50 - 5:20 p.m. 5:25 - 5:55 p.m.	216001-F 216001-G 216001-H 216001-I 216001-J	10:15 - 10:45 a.m. 10:50 - 11:20 a.m. 4:15 - 4:45 p.m. 4:50 - 5:20 p.m. 5:25 - 5:55 p.m.	216002-F 216002-G 216002-H 216002-I 216002-J	4:15 - 4:45 p.m. 5:25 - 5:55 p.m.	216003-C 216003-D
Session 3 Saturdays June 3 – Aug. 12	9:00 - 9:30 a.m. 9:35 - 10:05 a.m. 10:10 - 10:40 a.m. 10:45 - 11:15 a.m. 11:20 - 11:50 a.m.	216001-K 216001-L 216001-M 216001-N 216001-O	9:00 - 9:30 a.m. 9:35 - 10:05 a.m. 10:10 - 10:40 a.m. 10:45 - 11:15 a.m. 11:20 - 11:50 a.m.	216002-K 216002-L 216002-M 216002-N 216002-0	9:00 - 9:30 a.m. 10:10 - 10:40 a.m. 11:20 - 11:50 a.m.	216003-E 216003-F 216003-G
Session 4 Mon./Wed. June 19 – July 26	10:15 - 10:45 a.m. 10:50 - 11:20 a.m. 4:15 - 4:45 p.m. 4:50 - 5:20 p.m. 5:25 - 5:55 p.m.	216001-P 216001-Q 216001-R 216001-S 216001-T	10:15 - 10:45 a.m. 10:50 - 11:20 a.m. 4:15 - 4:45 p.m. 4:50 - 5:20 p.m. 5:25 - 5:55 p.m.	216002-P 216002-Q 216002-R 216002-S 216002-T	4:15 - 4:45 p.m. 5:25 - 5:55 p.m.	216003-H 216003-I
Session 5 Tues./Thurs. June 20 – July 27	10:15 - 10:45 a.m. 10:50 - 11:20 a.m. 4:15 - 4:45 p.m. 4:50 - 5:20 p.m. 5:25 - 5:55 p.m.	216001-U 216001-V 216001-W 216001-X 216001-Y	10:15 - 10:45 a.m. 10:50 - 11:20 a.m. 4:15 - 4:45 p.m. 4:50 - 5:20 p.m. 5:25 - 5:55 p.m.	216002-U 216002-V 216002-W 216002-X 216002-Y	4:15 - 4:45 p.m. 5:25 - 5:55 p.m.	216003-J 216003-K

DATE/DAYS	LEVEL 4		ADUL	TS
Session 1 Mon./Wed. May 8 – June 12	4:50 - 5:20 p.m.	216004-A	7:00 - 7:30 p.m.	226001-A
Session 2 Tues./Thurs. May 9 – June 13	4:50 - 5:20 p.m.	216004-B		
Session 3 Saturdays June 3 – Aug. 12	9:35 - 10:05 a.m. 10:45 - 11:15 a.m.	216004-C 216004-D		
<b>Session 4</b> Mon./Wed. June 19 – July 26	4:50 - 5:20 p.m.	216004-E		
<b>Session 5</b> Tues./Thurs. June 20 – July 27	4:50 - 5:20 p.m.	216004-F		





# ATTENTION AQUATICS PARTICIPANTS

Swim lesson participants will be permitted into the facility NO SOONER THAN 15 MINUTES prior to the start of the swim lesson session (i.e., Weekday afternoon lessons will be allowed in at 4:00PM). For earlier admittance you must be a member and check in at the front desk or purchase a daily pass.

### WATER AEROBICS

Macomb Township Recreation Center, Aquatic Center 20699 Macomb St. (off Broughton Rd., south of 25 Mile Rd)

Come and splash away the pounds with our water aerobics program. This shallow water workout program combines water and weights for a thorough cross training experience. You will notice an increase in strength and cardiovascular fitness. This class caters to all fitness levels. Beginners are encouraged to attend. It's a great program for anyone and is particularly suited to those who experience minor joint, knee or back problems.

Class Size: Minimum 12, Maximum 25

# One-day per week class:

MTR Fee: \$29.00 per session NR Fee: \$34.00 per session

MTRC Members receive \$5.00 discount

#### Two-day per week class:

MTR Fee: \$58.00 per session NR Fee: \$63.00 per session

MTRC Members receive \$5.00 discount

Session	1	
No.		

221319-F

NO.	Days	rimes	Dates
221319-A	Mo/We	6-7рм	May 8-Jun 26
221319-B	Tu/Th	9-10ам	May 9-Jun 27
221319-C	One-day p	er week	
			No class May 29&30
Session 2			
No.	Days	Times	Dates
221319-D	Mo/We	6-7рм	Jul 10-Aug 23
221319-E	Tu/Th	9-10am	Jul 11-Aug 24

#### MAKE-UP POLICY: Water Aerobic Classes

One-day per week

Make-up Water Aerobic Classes will be scheduled ONLY if the pool is closed due to weather or maintenance, causing classes to be cancelled. The make-up class would occur on the next day in the sequence of classes after the last schedule class date. (e.g., If the last class is on Monday, December 19, the make-up would be Wednesday, December 21). If you miss a class due to personal reasons, you are welcome to attend one of the other scheduled water aerobics classes before the last day of the session.

# WATER AEROBICS PUNCH CARD POLICY

Registered participants will receive their Water Aerobics punch card on the first day of class at the front desk.

- Present blue water aerobics punch card to Front Desk Staff for admittance into building.
- 2. Before entry into the pool for class, stop at the table labeled **Water Aerobics Check-In**. A member of the aquatic staff will be there to punch your card. We will have a storage bin for you to leave your card in during class.
- 3. When class is over, please pick up your card. The cards will be alphabetized for easy pick-up. Your card will be needed to enter the building for the next class.
- 4. Participants will not be allowed to participate without their punch card.

# MACOMB TOWNSHIP RECREATION CENTER DESIGN AWARD

The Macomb Township Recreation Center has received the Facility Design Award from the Michigan Recreation and Parks Association for 2005. This award is given annually to one community Parks and Recreation facility based on innovation, functionalism, aesthetics, maintenance and community benefits. Parks and Recreation Director Salvatore A. DiCaro was proud to accept this award on behalf of Macomb Township at the Michigan Recreation and Parks Association annual conference held at the Marriott Hotel in Detroit, this past February.



Baseball Skills Contest
Sunday, April 30<sup>th</sup>
All players must register between 1:00-1:45pm
Event Begins at 2:00pm
Registration No. 212901-A
Macomb Corners Park / Baseball Fields
25 Mile Road (east of Luchtman Road)

Registration for this event will take place ONLY on site at Macomb Corners Park between 1:00-1:45pm on Sunday, April 30. All players must register during this time period. No registrations can be accepted after the event begins at 2:00pm.

In order to participate, all participants must do the following:

- A legal parent or guardian will have to fill out the mandatory registration form and sign the waiver.
- A copy of the child's birth certificate must be provided at the time of registration, or the child will not be able to participate in the event.

The official skills contest of Major League Baseball is coming to Macomb Township! This fun, free competition features three important aspects of baseball-pitching, hitting, and baserunning. This national contest is sponsored by Pepsi and Major League Baseball and coordinated in Michigan by the Michigan Recreation & Park Association.

Registration forms/waivers for this event are available at the recreation center and must be filled out at the time of registration. All participants must register at the event.

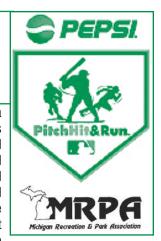
All participants are required to provide a copy of their birth certificate at the time of registration. Age is determined as of July 17, 2006, to determine which division your child is eligible to participate.

Boys and girls will compete together in their age division.

AGE DIVISIONS

7-8 years 9-10 years 11-12 years 13-14 years

All participants receive a competition certificate. Winners of each event and the overall winner in each age bracket will advance to the sectional competitions. Sectional overall winners will advance to the Team Championships held at Comerica Park in Detroit. The



top four scores from all team championships in each age bracket will advance to the National Finals, held during All-Star week in Pittsburgh.

Macomb Township Parks & Recreation thanks the Macomb Township Little League Board and volunteers for all of their assistance with this event!

# 2006 AMUSEMENT PARK TICKET PRICES



Destination	Price	Savings Over Gate Price
Cedar Point Child	\$9.95	N/A
Cedar Point Adult	\$32.75	\$7.20
Cedar Point Adult 2-Day	\$64.50	N/A
Detroit Zoo Child	TBA	TBA
Detroit Zoo Adult	TBA	TBA
Kings Island Child	\$25.00	\$4.99
Kings Island Adult	\$35.00	\$9.99
Oakland County Wave Child	\$6.75	\$1.25-\$3.25
Oakland County Wave Adult	\$10.25	\$1.25-\$3.25

Tickets will be available starting May 30.
The last day for ticket sales is Labor Day, September 4th.

Support your community – Purchase your discount amusement park tickets at your Recreation Department!



# TOO MUCH JUNK IN THE TRUNK

"Kids Only" Yard Sale

Macomb TownCenter Park
25 Mile Road (west of Broughton)
Thursday, July 20, 6:00-8:00PM
Register by: Friday, July 7
Registration No. 244300-A

MTR Fee: \$5.00 NR Fee: \$10.00

**Pre-registration mandatory!** Register by July 7 or until spots are filled.

Kids, here is your chance to sell or trade your unused toys and games at this fun "kids only" yard sale. This is a great way to unload some of your old stuff and maybe make some money too!

Hunt up all those toys, games, books, and sports equipment you no longer use. All items should be in good working order and everything must fit on the limits of your blanket you will spread on the grass at the park.

This event is for kids of all ages but parental supervision is required. Registration is required and sellers will set their own prices and conduct their own sales.

This event is being held during one of our summer concerts from 7:00pm-9:00pm. Sell your goods while listening to some great music.

# Rosco's PICNIC TREE

#### **Outdoor Picnic Fun**

Pack a lunch, bring a blanket or lawn chairs, sun umbrellas and sun screen, and enjoy fabulous entertainment with Rosco and his friends. Each week "Macomb's Master of Fun & Good Times" creates a special show for families and children of all ages. The fun continues after the show with activities for the kids.



#### TUESDAYS \* 11:30AM

Macomb TownCenter Park
25 Mile Road (west of Broughton)

June 20 ~ Rosco The Clown
Magical Mayhem-featuring Rosco The Clown

June 27 ~ Gordon Russ "Abracadabra" spectacular magic

July 11 ~ Richard Paul Amazing puppets

#### July 18 ~ Rosco's Carnival

Carnival games and a special visit by the Macomb County Sheriff's Department and the Macomb Township Fire Department - Sponsored by Michigan Education Savings Program (MESP)

# SIZZLIN' SUMMER NIGHTS CONCERTS

Thursdays at 7:00pm
FREE Community Event
Macomb TownCenter Park
25 Mile Road (west of Broughton)



Bring blankets and lawn chairs and enjoy free, live music outdoors, with friends and family. Concerts will be held rain or shine, so come prepared to enjoy the entertainment.

Bounce About will be providing free moonwalks for the kids during the concerts.

**July 6 Jim Cummings Band** Rock and Roll, Blues (*Sponsored by Kristel Cleaning*)

**July 13 Polish Muslims**Family friendly popular tunes
(Sponsored by GTR Builders)

July 20 Waco Hot Country

July 27 Air Margaritaville Summer Party featuring the songs of Jimmy Buffet (Sponsored by Spalding DeDecker)



For safety and sanitary reasons, pets are **NOT ALLOWED** at any outdoor special event. Thank you for complying with this policy.

# SAVING FOR COLLEGE WITH MESP

Virtual Presentations 1st and 3rd Tuesdays of every month 12 Noon

A Michigan Education Savings Program Tuition Financing Consultant will discuss the benefits of the official college savings program of our state, MESP. The virtual presentations offer an easy and convenient way to learn about saving for college. Each presentation will last approximately 30-40 minutes followed by a question and answer session.

These on-line presentations are as easy as 1-2-3.

- 1. Dial and 800 phone number
- 2. Click on a website
- 3. Sit back and learn

For more information about MESP and to reserve a spot in an on-line presentation, please contact Kristian Ridley at 248-351-1419 or kridley@tiaa-cref.org.



# MOVIE UNDER THE STARS

Sponsored by Huntington Bank CHICKEN LITTLE Macomb TownCenter Park 25 Mile Road (west of Broughton)

Friday, August 4, 2006 FREE Community Event Event begins at 8:00pm Movie starts between 8:30-9pm

(when it starts to get dark)

Bring your blanket or lawn chair and come to Macomb TownCenter Park to watch **Chicken Little** on the big screen. Remember your bug spray and flashlight.

Bounce About will be at the event from 8:00-9:00PM with some of their air rides/moonwalks for your enjoyment and will be selling popcorn and cotton candy.

Thank you to Huntington Bank for sponsoring the "Movie Under the Stars" event.



Banking. Investments. Insurance.



# TEE UP FORE PARKS

4 Person Scramble-Golf Outing

Saturday, September 9th 1:30 PM Shotgun Start Cracklewood Golf Course 24 Mile Road (east of Romeo Plank Road)

Registration No. 222402-A (Twosome) Registration No. 222402-B (Foursome)

\$77.00 per person \$300.00 per foursome

Sign-up your four person team today for this scramble format event which includes, 18 holes of golf, cart, range balls before tee off, three (3) tickets for on course beverages or hot dogs, a buffet style dinner after golf, event gift, prize holes, and awards to the top finishing teams for both men's division and co-ed division (teams comprised of two males and two females.)

Shotgun start at 1:30pm. All players should check-in for the event between 12:15 and 1:15pm.

#### Sign-up for Tee Up Fore Parks by Friday, August 25.

Registrations with full payment will be accepted until August 25, with no guarantees for those wishing to register after the registration deadline.

Interested in becoming a corporate sponsor, hole sponsor, or prize donor for this event? Contact parks and recreation to find out how your business can become involved.

Hole sponsorships are available at \$150 per hole for the 2006 Tee Up Fore Parks Golf Outing.



Saturday, June 3 10:00am-12pm

Dakota High School Parking lot (next to football stadium)
We see them all the time from far away, but usually

we can't get close to them, or even touch them. Here is your chance to get up-close and personal with lots of trucks, busses, and other wheeled wonders.

Sit in the driver's seat of a fire truck, check out a Sheriff's patrol car, try and touch the top of a construction machine wheel, and see other amazing vehicles.

See new machines, old machines, cars and trucks, and some things you might never have seen before. There will be all kinds of wheeled wonders to explore and find out how they work.

This free fun-filled event is for the entire family. Remember to bring your camera! Thank you to **Bounce About** for providing free "air rides"/moonwalk for the kids.

Do you or someone you know have a "Wheeled Wonder" that can be displayed at this event? Please contact Macomb Township Parks & Recreation at 586-992-2900 for more information on how to register/participate.

For safety and sanitary reasons, pets are **NOT ALLOWED** at any outdoor special event.
Thank you for complying with this policy.



@ SUBURBAN ICE-MACOMB

Suburban Ice-Macomb 54755 Broughton Rd. (south of 25 Mile) Wednesday, July 19, 2006

6:30-8:30<sub>PM</sub>

Registration No. 244700-B



Are you tired of the summer routine yet? Get out of the heat and into the Summer Chill Out at Suburban Ice-Macomb for a little ice skating. Macomb Township Parks & Recreation Department invites you and your family for an evening of exclusive ice time. One rink will be set aside for us for open ice skating. The café and arcades will be open. Registration fee is for admission ONLY. Bring money for skate rentals, café and arcades.

#### PRE-REGISTRATION IS ENCOURAGED!

Proof of residency will be required for Resident Rate.

MTR Fee: \$2.00 NR Fee: \$7.00

Fees at the door:

MTR Fee: \$5.00 NR Fee: \$10.00



# "BEACH BASH" AT 'THE RINK'

The New Rink 50625 Van Dyke, Shelby Twp. (south of 23 Mile) Registration No. 244700-A Wednesday, July 26th 4:00-6:00pm

Surfs' Up...Join us for a hot afternoon of cool family fun on skates! We will have a blast w/ beach music and games (including beach ball-volleyball & more!!)

**Options:** Traditional Roller

Skate Rental ......\$1.50 Roller Blade Rental .....\$3.00 Laser Tag .....\$3.00

Concession Stand Available

MTR Fee: \$3.00 NR Fee: \$8.00

No Tickets Sold At the Door



# SUMMER EVENING YOUTH LUAU

Macomb Township Recreation Center 20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

Saturday, July 22, 2006 6:00pm-10:00pm

Ages: 5 years – 11 years Registration No. 214305-A

Why travel 5,000 miles to experience a Hawaiian Luau when you can come to the Recreation Center? That's right!

The Macomb Township Recreation Center will host an evening Luau for kids and only kids.

On Saturday, July 22 from 6:00PM-10:00PM the Recreation Center will host a **Youth Only** (ages 5 – 11) Luau party! We will provide an authentic pizza Luau dinner with snacks. Your children will have the opportunity to swim in our guarded indoor waterpark, play basketball/volleyball, compete in a Limbo contest, scavenger hunt, and much more! The best part is our trained staff will supervise your children while you can enjoy an evening out, leaving you nothing to worry about! Unfortunately, this is only for one night and space is limited to the first 125 participants!

MTR Fee: \$20.00/person NR Fee: \$25.00/person MTRC Members receive \$5.00 discount

Additional \$5 per registration accepted after July 14.

Limited to the first 125 participants!

# PARKS & RECREATION

Creating Community Through People, Parks & Programs

# DETROIT TIGERS AT COMERICA PARK

"Take me out to the ball game, take me out to the crowd, buy me some peanuts and Cracker Jacks..."

Join us for all the fun of watching the Detroit Tigers play at Comerica Park. A spectacular fireworks display follows each of the games.

# Don't delay in registering for a Tiger game, every year we sell out.

Trips include round trip transportation by luxury motorcoach and game admission. We will be departing from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank) at 5:15 pm for each game. All seats are located in the Pepsi Bleachers.

Please note that the Detroit Tigers no longer provide free food vouchers for bleacher seats/group outings.

MTR Fee: \$15.00/person NR Fee: \$20.00/person

#### Tigers vs Boston Red Sox Registration No. 243200-A

Friday, June 2 Game Time: 7:05PM Bleacher Seating

Tigers vs St. Louis Cardinals

Registration No. 243200-B

Friday, June 23 Game Time: 7:05PM Kaline's Corner (Right Field Corner)

Tigers vs Cleveland Indians Registration No. 243200-C

Friday, Aug. 4 Game Time: 7:05PM

Bleacher Seating





Registration No. 223100-B Masonic Temple Theatre June 1, 2006 Show Starts @ 8:00PM

Depart at 6:15PM from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank).

Long before Dorothy drops in, two other girls meet in the land of OZ. One-born with emerald green skin-is smart, fiery and misunderstood. The other is beautiful, ambitious and very popular. WICKED tells the story of their remarkable odyssey, how these two unlikely friends grow to become the Wicked Witch of the West and Glinda the Good Witch. WICKED is the winner of 15 major awards, including a Grammy Award and 3 Tony Awards.

MTR Fee: \$75.00 NR Fee: \$80.00



# SHIPSHEWANA FLEA MARKET W/LUNCH AT THE BLUE GATE RESTAURANT

Registration No. 243600-A Shipshewana, Michigan Wednesday June 14, 2006

"Shop 'til you drop" is more than just a saying in Shipshewana! Enjoy a day of shopping with hundreds of vendors selling everything from fresh fruit to handcrafted furniture. Also, walk across the street to the Trading Place Antique Gallery and a wide variety of other shops downtown. A trip to Shipshewana wouldn't be complete without a lunch at the Blue Gate Restaurant.

Depart from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank). Participants will be called in advance for departure and return times. Approximate departure time: 6:00AM. Approximate return time: 9:00PM.

MTR Fee: \$67.00 NR Fee: \$72.00

# SALUTE TO AMERICA

#### Registration No. 223100-A Greenfield Village at The Henry Ford Monday, July 3, 2006

Celebrate our Independence at Greenfield Village this year. Enjoy and evening of music and celebration with the Detroit Symphony Orchestra and a Military Band. Fireworks over the Village are a must see. Bring the family and don't forget the lawn chairs. A box dinner will be included.

Depart from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank). Participants will be called in advance for departure and return times. Approximate departure time: 12:00PM. Approximate return time: 11:00PM.

MTR Fee: \$75.00 NR Fee: \$80.00

# POINT EDWARDS CASINO & CHERRY ORCHARD TOUR

#### Registration No. 223400-A Sarnia, Ontario & Romeo Michigan July 11, 2006

Start your day off in Sarnia, Ontario and try you luck at their slot machines and tables. Receive a \$10 dollar token voucher and \$5 dollar food voucher for the Point Edwards Casino. Finish your day at the Westview Orchard & Cider Mill of Romeo. Take a wagon rid through the orchards & fields to the cherry orchard. Pick a bucket of sweet cherries and enjoy a cherry donut and apple juice at the end.

# PARTICIPANTS MUST HAVE PROOF OF CITIZENSHIP IN THE FORM OF A PICTURE ID AND COPY OF BIRTH CERTIFICATE OR PASSPORT. THESE ITEMS ARE REQUIRED. A DRIVER'S LICENSE ALONE OR SOCIAL SECURITY CARD ARE NOT PROOF OF CITIZENSHIP.

Depart from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank). Participants will be called in advance for departure and return times. Approximate departure time: 7:00 a.m. Approximate return time: 6:00 p.m.

MTR Fee: \$34.00 NR Fee: \$39.00

# SENIOR MONDAY LUNCH BUNCH

The Monday Lunch Bunch travels to a new restaurant one Monday each month. Everyone orders their own lunch from the restaurant menu and pays for their own meal, sales tax and wait staff tip. These midday excursions are for folks 55 years and older who want to explore the cuisine of different restaurants and meet new friends and get together with old friends.

# TRIP MINIMUM 10 participants. Must be registered by deadline.

\*Fee is for transportation only. Lunch (including tax & tip) is on your own.

FEE

MTR Fee: \$7.00 per person NR Fee: \$12.00 per person

No. Dates Restaurant
233500-A June 26 Rainforest Café
Great Lakes Crossing,

Auburn Hills

Registration Deadline: JUNE 19

**233500-B** Aug. 21 Baja Fresh – Mexican-Grill

Fountain Walk, Novi

Registration Deadline: AUGUST 14

ALL TRIPS DEPART AT 10:30AM FROM THE MARVIN BLANK SENIOR CENTER. Return time is 3:30pm for all trips. Shopping available if time permits.

# FOREVER FIT (SIT & GET FIT)

Marvin Blank Senior Center 19925 23 Mile Road (one mile east of Romeo Plank Rd.)

# "It's never too late to start feeling great!" Ages 55 & up

"Use it or lose it." There's no population that benefits more from exercise than seniors. This program is designed with easy to follow exercises for beginners ages 55 & over. This class will help reduce the risks of many age-related medical conditions such as arthritis, diabetes, obesity, high blood pressure & cholesterol, osteoporosis, bone fractures, heart disease & depression. A great way to improve muscle tone, flexibility, coordination, gain energy, socialize, shape-up & have fun!

Macomb Twp. Resident Rate: \$47.00 Non-Resident Rate: \$52.00

Instructor: LeAnna Brunsman

Session I	<b>Days</b>	<b>Dates</b> 5/9 – 6/15	<b>Time</b>
231309-A	Tu/Th		8:30-9:30am
Session II	<b>Days</b>	<b>Dates</b>	<b>Time</b> 8:30-9:30am
231309-B	Tu/Th	7/11 – 8/17	

If you have a question about class status or cancellations, call the Macomb Township Parks & Recreation hotline at (586) 992-2909.



# SATURDAY SCRAMBLE GOLF LEAGUE

### Adult Couples Cracklewood Golf Club 18215 24 Mile Road

(east of Romeo Plank Road)

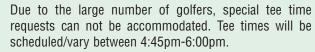
#### 8 week league

Maximum of 20 couples (40 golfers) Register by Thursday, May 4, 2006

Adult couples ages 21 and older are invited to "team up" and play in this Saturday scramble golf program. For the purposes on this program a "team couple" consists of one male and one female. This eight week league is open to golfers of all skill levels.

Registration fee includes eight 9-hole rounds of golf, small weekly prizes to the top finishers, guaranteed tee times, and management of league statistics.

Each week features a two person scramble format with your partner. Sign-up as a team couple and golf with a different couple each week, or sign-up as two teams and play golf in the same foursome every week of league play.



The eight schedule dates for play are:

May 6 & 13; June 17 & 24; July 8 & 22; August 5 & 19.

A pasta, salad, rolls and dessert dinner will be served immediately following golf on Friday, August 19. Please plan on attending this last day of the golf league. Dinner will be served, even if golf is cancelled due to rainy conditions. Each golfer will also receive a small door prize.

MTR Fee: \$170.00 per golfer NR Fee: \$175.00 per golfer

Powered golf carts are available for an additional fee per person each week, payable directly to the golf course. Golf cart fee is \$6 per person, weekly.

No.	Format	Start Times	Dates
222404-A	Twosome	Begin at 4:45PM	May 6-Aug 19
222404-B	Foursome	Begin at 4:45PM	May 6-Aug 19

# THE ULTIMATE BODY SCULPTING & AWESOME ABS

#### Lift Weights and Lose Weight

#### **Macomb Township Recreation Center**

20699 Macomb Street (off Broughton Rd. south of 25 Mile Rd.)

Get ripped abs, toned legs and an overall lean physique – not a bulky physique. This class is definitely the ultimate; it's motivating and sure to tone every square inch of your body. Using weights is especially important for women to build bone density, but the truth is that working with weights increases your metabolism while creating more lean muscle. A great workout for all ages and levels of fitness. Please bring mats and free weights to class.

MTR Fee: \$62.00 NR Fee: \$67.00 MTRC Members receive \$5.00 discount

Instructor: Sandy Smitley

Session I	Days	Dates	Time
221302-A	Tu/Th	May 9-Jun 22	8:00-9:00рм
Session II	Days	Dates	Time

# AWESOME ABS & BODY SCULPTING WITH WEIGHTS!

# **Macomb Township Recreation Center**

20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

Lift weights & lose weight! Get ripped abs, toned legs & an overall lean physique!! Not a bulky physique. This class incorporates weight training to target & tone every square inch of your body. Using weights is especially important for women for building bone density. Working with weights increases your metabolism while creating more lean muscle! A great workout for all levels of fitness & all ages.

MTR Fee: \$58.00 NR Fee: \$63.00 MTRC Members receive \$5.00 discount

Instructor: Laurie Endicott

Session I	Days	Dates	Time
221307-A	Mo/We	May 8-Jun 26	10:45-11:45ам
221307-B	One day	per week	
		(No Class 5/29)	
Session II	Days	Dates	Time
221307-C	Mo/We	Jul 10-Aug 23	9:45-10:45ам
221307-D	One day	per week	

# MTRC - AEROBICS POLICY

Registered participants will receive their Aerobics punch card on the first day of their class. Two (2) times per week classes will receive a Fourteen (14) Aerobics punch card; One (1) day classes will receive a Seven (7) Aerobics punch card. It is the **responsibility** of each participant to bring their cards with them to each class. If a participant cannot attend their normally scheduled class, they are allowed to attend another class of similar value for make-up. **Participants will not be allowed to participate without their punch cards.** 

# CARDIO KICKBOXING (TAE-COMBO)

Macomb Township Recreation Center 20699 Macomb St. (off Broughton Rd. south of 25 Mile Rd.)

Personal Trainer Maria Marino has combined

some of the highest energy & motivating aerobics moves together with the aggressive, hard edge similar TAE-BO class moves. This class motivates you to meet the fitness challenge of a lifetime. Maria caters to fitness enthusiasts of all ages & fitness levels. A great way to shape up, burn fat, stay healthy & have fun!!

MTR Fee: \$58.00 NR Fee: 63.00 MTRC Members receive \$5.00 discount

Instructor: Maria Marino

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Session I	Days	Dates	Time
221301-A	Mo/We	May 8-Jun 26	9:30-10:30ам
221301-B	Tu/Th	May 9-Jun 22	9:30-10:30ам
221301-C	One day	per week	
		No Class 5/29	
Session II	Days	Dates	Time
221301-D	Mo/We	Jul 10-Aug 23	8:30-9:30am
221301-E	Tu/Th	Jul 13-Aug 24	8:30-9:30am
221301-F	One day	per week	

# CARDIO CORE (FITNESS BALL) TRAINING

Macomb Township Recreation Center

**20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)

This program combines a low impact, high-energy cardio routine to get your heart pumping and your body moving!

The entire workout is done using a fitness ball. You'll develop a strong, lean and toned body. This class emphasizes on balance control and stability of the abdominals, obliques, glutes and lower back muscles. A great workout for that hard to lose mid-section. You'll definitely have a ball in this class! Please bring your own ball if you have one. Otherwise, a limited number of exercise balls are available.

One-day per week class:

MTR Fee: \$29.00 NR Fee: \$34.00 MTRC Members receive \$5.00 discount

Two-day per week class:

MTR Fee: \$58.00 NR Fee: \$63.00 MTRC Members receive \$5.00 discount

Instructor: Kelly Lambrecht

0---!---!

Session i	Days	Dates	rime
221322-A	Mo/We	May 8-Jun 28	7:45-8:45рм
221322-B	Fr	May 12-Jun 23	10:30-11:30ам
		No Class 5/29	
Session II	Days	Dates	Time
221322-C	Mo	Jul 10-Aug 21	7:45-8:45рм
221322-D	Fr	Jul 14-Aug 25	9:30-10:30am

# CARDIO BLAST

# **Macomb Township Recreation Center**

**20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)

A solid cardio workout, which involves Hi/Low Impact Aerobics, Interval Training, Step, Double step and Kickboxing. Included in this workout are body sculpting exercises that use weights and resistance bands for different muscle groups. Finish off your workout with floor exercises that area for sculpting your abdominal, oblique, and gluts. Come blast your way into shape!

One-day per week class:

MTR Fee: \$29.00 NR Fee: \$34.00

MTRC Members receive \$5.00 discount

Two-day per week class: MTR Fee: \$58.00 NR Fee: \$63.00

MTRC Members receive \$5.00 discount

Saturday class: MTR Fee: \$35.00 NR Fee: \$40.00

MTRC Members receive \$5.00 discount

Instructor: Laurie Endicott

Class size: Minimum 20, Maximum 50

Session I	Days	Dates	Time
221313-A	Mo/We	May 8-Jun 26	6:30-7:30рм
221313-B	One day	per week	
221313-C	Sa	May 13-Jun 24	9:00-10:00am

No Class 5/29

Session II	Days	Dates	Time
221313-D	Mo/We	Jul 10-Aug 23	6:30-7:30рм
221313-E	One-day	per week	
221313-F	Sa	Jul 15-Aug 26	9:00-10:00am

# INTERVAL TRAINING

# (Cardio & Weights Combo)

# **Macomb Township Recreation Center**

**20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)

Get ready for this ultimate cardio & body-sculpting workout! Burn fat with a cardio & weight training workout that alternates 4-minute segments of cardio with 4-minute segments of weight training. We've added an incredible abdominal segment to make this a total body workout. Designed to maximize your strength & firm your entire body! A workout for individuals who want real results. real fast!

MTR Fee: \$58.00 NR Fee: \$63.00 MTRC Members receive \$5.00 discount

Instructor: Sandy Smitley

Session I	<b>Days</b>	<b>Dates</b>	<b>Time</b>
221314-A	Tu/Th	May 9-Jun 22	7:30-8:30рм
Session II	<b>Days</b>	<b>Dates</b>	<b>Time</b>
221314-B	Tu/Th	Jul 11-Aug 24	7:30-8:30рм





# PUNCH CARD REPLACEMENT POLICY

In the event a registered participant misplaces or loses their aerobics punch card during the current session, a replacement card will be issued with a 2 punch penalty. The replacement card will be punched up to the number of actual classes held to date, in addition to the 2 replacement fee punches.

# YOGA IN THE PARK

Macomb Corners Park 25 Mile Road (east of Luchtman Road)

#### **Beginners - Intermediate Levels**

Held outdoors, this class incorporates the advantages of relaxing, strengthening & toning your muscles in the outdoors by using your mind & body. Listen to the calls of birds and enjoy the beautiful flowers, trees and greenery. Feel the warmth of the sun and breathe in the clean fresh air. Easy to learn yoga postures & moves are designed to shape & strengthen the entire body, increase overall definition, improves joint flexibility & relieves stress. Guaranteed to release every area of tightness & tension in your body! Meets at the pavilion near the playground structure. In addition, our Tadpole Town Child Watch services will also be available on site!

Instructor: Pam Goff

MTR Fee: \$42.00 NR Fee: \$47.00

Child Watch: \$12.00 initial child (Per Session)

\$6.00 additional child (Per Session)

Session I 221303-A	<b>Days</b> Mo	<b>Dates</b> May 8-Jun 19	<b>Time</b> 11:00am-12:00pm
		No Class 5/29	
Session II	Days	Dates	Time

Jul 10-Aug 14

11:00am-12:00pm

# VINYASA YOGA

221303-B

#### **Marvin Blank Senior Center**

Μo

**19925 23 Mile Road** (one mile east of Romeo Plank Rd.)

A strong dynamic form of yoga. This type of class is one of the more disciplined forms of yoga and is very challenging. This class is ideal for increasing flexibility & toning while sculpting and strengthening the muscles. You will leave feeling strong with a calm mind. Great for those who wish to reduce mental and physical stress.

MTR Fee: \$ 42.00 NR Fee: \$47.00

Instructor: Desiree Brengman

Session I	<b>Days</b>	<b>Dates</b>	<b>Time</b>
221303-C	Th	May 11-Jun 15	7:30-8:30рм
Session II	<b>Days</b>	<b>Dates</b>	<b>Time</b>
221303-D	Th	Jul 13-Aug 17	7:30-8:30рм

# YOGALATES (YOGA/PILATES)

**Macomb Township Recreation Center** 

**20699 Macomb St.** (off Broughton Rd. south of 25 Mile Rd.)

Yoga & Pilates is an all-encompassing body, mind, and spirit, exercise program designed to tone and sculpt your entire body. A combination of controlled movements will shape and sculpt long, lean muscles without joint stress, achieve flat abs and improve your posture. Pilates focuses on strengthening your abdominal, back and hips. A great class for anyone regardless of your fitness level. Great for those who wish to reduce mental and physical stress.

MTR Fee: \$42.00 NR Fee: \$47.00 MTRC Members receive \$5.00 discount

Instructor:	Desiree Brengman			
Session I	Days	Dates	Time	
221306-A	Th	May 11-Jun 15	6:00-7:00рм	
221306-В	Fr	May 12-Jun 16	9:30-10:30ам	
Session II	Days	Dates	Time	
221306-C	Th	Jul 13-Aug 17	6:00-7:00рм	
221306-D	Fr	Jul 14-Aug 18	8:30-9:30ам	

# TRIAL MEMBERSHIP DOES NOT QUALIFY FOR MEMBERSHIP DISCOUNT

# PERSONAL GROUP TRAINING

Macomb Township Recreation Center 20699 Macomb Street (off Broughton Rd. south of 25 Mile Rd.)

One hour of professional personalized training taught by certified personal trainer Maria Marino using various types of equipment with a fun motivating group of people. This class includes a variety of cardio with interval & strength training techniques. You'll also get nutrition tips from an expert on how to eat healthy and stay fit. A program designated to whip you into tiptop shape. Class is limited to 10.

MTR Fee: \$99.00 NR Fee: \$104.00 MTRC Members receive \$5.00 discount

Personal Trainer: Kelly Lambrecht, Mondays Maria Marino, Fridays

Session I 221317-A 221317-B	<b>Days</b> Mo Fr	<b>Dates</b> May 8-Jun 26 May 12-Jun 23 <i>No Class 5/29</i>	<b>Time</b> 6:30-7:30pm 9:30-10:30am
Session II	Days	Dates	Time
221317-C	Mo	Jul 10-Aug 21	6:30-7:30рм
221317-D	Fr	Jul 14-Aug 25	9:30-10:30ам

# SET 'N SPIKE SAND VOLLEYBALL LEAGUES

**Adult Volleyball** 

Waldenburg Park
21 Mile Road (east of Romeo Plank Road)

4 PERSON TEAMS OPEN

Tuesday Evenings May 30-July 25 Reg. No. 222501-A 6 PERSON TEAMS CO-REC

Wednesday Evenings May 31-July 26 Reg. No. 222501-B

All teams need to register by Friday, May 19th Mandatory Manager's meeting, Wednesday, May 24th

Team Entry Fee - \$150.00

Ready for hot fun in the summertime? Sign up today for one of the recreation sand volleyball leagues that is held at Waldenburg Park. Tuesday's league features 4-person teams comprised of any combination of male and/or female players, while Wednesday's leagues features 6 person teams, consisting of three males and three females. Players must be at least 18 years of age and older to play on a team. Teams may carry up to 12 players.

The leagues will have a maximum of eight teams with a minimum of four teams required for each league to form. Teams are responsible for abiding by league rules-there are no referees.

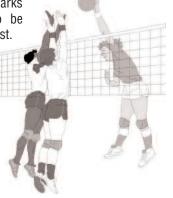
Games times will be scheduled alternating between 6:30pm and 7:35pm. If needed, rain make-up dates will be played after the regular season schedule has ended.

Registration materials are available at the recreation center. Only team registrations will be accepted with a deadline of Friday, May 19th.

A mandatory team manager's/representative meeting will be held on Wednesday, May 24th at 6:30pm for the 4-person league and at 7:00pm for the 6-person at the recreation center.

Individual players looking for a team can call the parks & recreation center to be placed on an eligibility list.

For more information call Macomb Township Parks & Recreation at 586-992-2900.



# ADULT SUMMER/FALL SOFTBALL LEAGUES

Macomb Corners Park
25 Mile Road (east of Luchtman Road)

MEN'S OPEN (18 years of age & older) Registration No. 222902-A

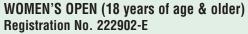
Tuesday Evenings
July 18 thru October 17, 2006
Game Times: 6:30pm, 7:45pm, 9pm

CO-ED (18 years of age & older) Registration No. 222902-C

Thursday Evenings July 20 thru October 19, 2006 Game Times: 6:30pm, 7:45pm, 9pm

MEN'S 50 & OLDER Registration No. 222902-D

Wednesday Evenings July 19 thru October 18, 2006 Game Times: 6:30pm, 7:45pm, 9pm



Friday Evenings

July 21 thru October 20, 2006 Game Times: 6:30PM, 7:45PM, 9PM

Above leagues consists of 12 regular season games plus 2 playoff games. Awards will be given to the top two teams in each league. League fee includes Amateur Softball Association registration fee. Roster limited to 20 players.

Minimum: 4 teams per league, 12 team maximum

Fee: \$650.00 per team

\$100.00 deposit due upon registration Umpire Fee: \$15.00 per team/per game

# MEN'S OPEN DOUBLE HEADER (18 years of age & older)

Registration No. 222902-B

Sunday Evenings

July 30 thru October 22, 2006 Game Times: 7:00pm & 8:15pm

Teams will play double headers every Sunday.

League consists of 10 regular season games plus 2 playoff games. Awards will be given to the top two teams in each league. League fee includes Amateur Softball Association registration fee. Roster limited to 20 players.

Minumum: 4 teams Maximum: 6 teams.

Fee: \$875.00 per team

Umpire Fee: \$15.00 per team/per game





# SATURDAY AND SUMMER TENNIS

### **Class Descriptions**

PeeWee: Gross motor skills will be developed. Forehand, backhand, volley, overhead and serve will all be introduced. children will be grouped by ability level. Our philosophy is to challenge the student through the use of movement, distance and speed while not putting limits on them, they often will surprise you. Please have your child bring a water bottle with them to class.

Youth Beginner/Adult Beginner: All basic strokes will be taught with empahsis on correct grips and form to produce the mucle memory required to progress rapidly. Drop feeds and rallying will also begin at this level. Competitive contests and games will be included in this class. Water bottles will be a necessity as plenty of movement will be encouraged.

Youth Adv. Beg./Int. & Adult Adv. Beg./Int.: Continued stroke development will be focused upon while more rallying and point play will be included. Basic strategies will be brought into play as your fitness will be challenged with several different competitive games. Match play will be introduced with additional focus on serving development and net play will also become a greater focus. You may now wish to move onto Gatorade as the the required drink if so desired.

Academy Level: Spin development is now added to the game. With this, many new strategies and tactics can be added. Point play will take the forefront as players prepare and play in tournaments in the area. Fitness training is included at this level in an effort to maximize the potential of each participant. This program is designed for high school players and tournament players who compete in USTA tournaments. We will take you to the next level!! Coolers and water jugs often follow these players to the courts. Remember the 3 H's; hydration, hydration, hydration. Full day Academy players should pack a lunch.

No refunds can be given after the sessions have begun.

# SATURDAY TENNIS WE GOT YOUR BACK...HAND

Director of Tennis Program - Bill McGarry

Mae Stecker Park **24 Mile Road** (east of Van Dyke)



Back again for another outdoor season of fun and learning, the tennis program is directed by Bill McGarry, a USPTA Certififed Tennis Professional from Bloomfield Tennis Club. Bill, who has started and trained numerous collegiate and tournament players, will be offering a wide range of programming to provide instruction for players of any level. Two make-ups, which must be pre-scheduled with Mr. McGarry, are allowed for classes if needed. Call Bill with questions regarding locations and make-ups at 586.855.8990.

Also back on staff: Greg Burks, USPTA, and Ryan Buck, Wayne State Varsity Men's Tennis

Days: Saturdays

Days. Jaturua	iyo				
PeeWee (age	s 4-7)				
211107-A	7 Wks	May 20-Jul 1	10:00-11:00ам	MTR Fee: \$75.00	NR Fee: \$80.00
211107-В	6 Wks	Jul 8-Aug 12	10:00-11:00ам	MTR Fee: \$65.00	NR Fee: \$70.00
Youth Beginn	er (ages 8-15)				
211108-A	7 Wks	May 20-Jul 1	11:00ат-12:30рм	MTR Fee: \$110.00	NR Fee: \$115.00
211108-C	6 Wks	Jul 8-Aug 12	11:00am-12:30 <sub>РМ</sub>	MTR Fee: \$95.00	NR Fee: \$100.00
Youth Adv. Be	g./Intermedia	te (ages 8-15)			
211108-B	7 Wks	May 20-Jul 1	12:30-2:00рм	MTR Fee: \$110.00	NR Fee: \$115.00
211108-E	6 Wks	Jul 8-Aug 12	12:30-2:00рм	MTR Fee: \$95.00	NR Fee: \$100.00
Adult Beginn	er (ages 15 &	up)			
211109-A	7 Wks	May 20-Jul 1	8:30-10:00ам	MTR Fee: \$110.00	NR Fee: \$115.00
Adult Adv. Be	g./Inter. (ages	s 15&up)			
211109-B	7 Wks	May 20-Jul 1	8:30-10:00ам	MTR Fee: \$110.00	NR Fee: \$115.00

# SUMMER TENNIS — SERVING IT UP! HAVING FUN IN THE SUN!

### Director of Tennis Program - Bill McGarry

Looking to learn, play, and improve your tennis game this summer? Students will need to bring their own tennis racket. Tennis balls provided by the instructors.

For the eighth year, Bill McGarry is the Director of Tennis for this instructional program. Bill is a P1 Certified Member of the United States Professional Tennis Association. Bill also played tennis for the University of Michigan and played on the professional tennis tour. The tennis staff includes some of the finest local tennis players at the college and high school level and are eager to teach you the game.

# SUMMER TENNIS AT MAE STECKER PARK

24 Mile Road (east of Van Dyke)

Sessions: 4 weeks

Days: Mondays, Tuesdays and Thursdays

PeeWee (ages 4-7)

Vouth Roginner	(2noc 9 <sub>-</sub> 15)				
211107-I	4 Wks	Jul 17-Aug 10	9:00-10:00AM	MTR Fee: \$125.00	NR Fee: \$130.00
2111U/-H	4 VVKS	Jun 19-Jul 13"	9:00-10:00AM	WITK Fee: \$125.00	NR Fee: \$130.00

Youth Beginner (ages 8-15)

211108-M	4 Wks	Jun 19-Jul 13*	10:00-11:30ам	MTR Fee: \$185.00	NR Fee: \$190.00
211108-N	4 Wks	Jul 17-Aug 10	10:00-11:30am	MTR Fee: \$185.00	NR Fee: \$190.00

Youth Advanced Beginner/Intermediate (ages 8-15)

211108-Q	4 Wks	Jun 19-Jul 13*	10:00-11:30am	MTR Fee: \$185.00	NR Fee: \$190.00
211108-R	4 Wks	Jul 17-Aug 10	10:00-11:30ам	MTR Fee: \$185.00	NR Fee: \$190.00

Adult Beginner/Adv. Beginner (ages 15&up)

**221109-E** 4 Wks Jun 19-Jul 13\* 7:00-8:30<sub>PM</sub> MTR Fee: \$185.00 NR Fee: \$190.00

\*No classes 7/3 and 7/4. Classes held 7/5 and 7/7.

# SUMMER TENNIS AT IROQUOIS MIDDLE SCHOOL

48301 Romeo Plank (south of 22 Mile Road)

**Days:** Mondays, Tuesdays and Thursdays

PeeWee (	ages 4-7)	
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221109-F

221109-G

211107-D	4 Wks	Jun 19-Jul 13*	6:00-7:00рм	MTR Fee: \$125.00	NR Fee: \$130.00
211107-Е	4 Wks	Jul 17-Aug 10	6:00-7:00рм	MTR Fee: \$125.00	NR Fee: \$130.00
211107-F	3 Wks	Aug 14-Aug 31	5:30-6:30рм	MTR Fee: \$95.00	NR Fee: \$100.00
211107-J	3 Wks	Aug 14-Aug 31	9:00-10:00am	MTR Fee: \$95.00	NR Fee: \$100.00
Youth Beginn	er (ages 8-15)				
211108-N	3 Wks	Aug 14-Aug 31	10:00-11:30AM	MTR Fee: \$140.00	NR Fee: \$145.00
Youth Advanc	ed Beginner/I	ntermediate (ages 8-	·15)		
211108-S	3 Wks	Aug 14-Aug 31	10:00-11:30ам	MTR Fee: \$140.00	NR Fee: \$145.00
High School/1	ournament Tr	aining (ages 13-18)			
211108-I	4 Wks	Jun 19-Jul 13*	7:00-8:30рм	MTR Fee: \$185.00	NR Fee: \$190.00
211108-J	4 Wks	Jul 17-Aug 10	7:00-8:30рм	MTR Fee: \$185.00	NR Fee: \$190.00
211108-K	3 Wks	Aug 14-Aug 31	6:30-8:00рм	MTR Fee: \$140.00	NR Fee: \$145.00

\*No classes 7/3 and 7/4. Classes held 7/5 and 7/7.

Jul 17-Aug 10

Aug 14-Aug 31

Adult Beginner/Adv. Beginner (ages 15&up)

4 Wks

3 Wks

We also offer week long camps during the week at Rochester High School in Rochester Hills. If you want more details contact Bill at (586) 855-8990. Camps start the week of June 12th and run each week until the end of August. Many top tournament and high school players from the area train with us. Come join us!!!

7:00-8:30<sub>PM</sub>

6:30-8:00pm

MTR Fee: \$185.00

MTR Fee: \$140.00

NR Fee: \$190.00

NR Fee: \$145.00



# AMERICAN RED CROSS CPR & FIRST AID TRAINING

Marvin Blank Senior Center 19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

Class size: Minimum 4, maximum 8

Be prepared for breathing and cardiac emergencies for people of all ages. This eight hour course teaches easy-to-learn emergency procedures to use in critical life threatening situations as well as first aid procedures. Upon successful completion of this class you



will receive certifications in Adult, Child, and Infant CPR and First Aid. (30 minutes will be allotted for lunch – bring a sack lunch or money). Must be 16 years of age or older.

MTR Fee: \$60.00 NR Fee: \$70.00

No.	Days	Dates	Time
241115-A	Su	May 7	9:00ам-5:00рм
241115-B	Sa	May 20	9:00ам-5:00рм
241115-C	Su	June 4	9:00ам-5:00рм

# TRIAL MEMBERSHIP DOES NOT QUALIFY FOR MEMBERSHIP DISCOUNT

# SPARKLING STAR BRACLET CLASS

Macomb Township Recreation Center 20699 Macomb St. (off Broughton Rd south of 25 Mile Rd)

This season's hottest colors are white and blue. The nautical look is back!!! Be right in style when you make this two strand bracelet in red, white and blue with silver stars. This fun bracelet with sterling silver and Czech glass beads is a great look to compliment the season's style and the 4th of July too!

MTR Fee: \$25.00 NR Fee:

\$30.00

MTRC Members receive \$5.00 discount

 No.
 Day
 Date
 Time

 241402-A
 We
 Jun 21
 10:00-11:30AM

Registration Deadline: 6/10

# MEMORY ALBUM MAKING

#### The Basics with Benefits

Marvin Blank Senior Center 19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

**On day one**, learn photo safety tips, photo cropping techniques (cutting photos to enhance your subjects) and a clearly defined anybody-can-do method by creating a Short Story Card (2 photos only, please).

**Day Two**, expands your knowledge by using intermediate tools to create an accordion card (5 photos) for mantle display, gift to share or placement in future albums.

**Day Three** - you did it! Your knowledge and skill level has now reached a point where you can confidently begin an album. Bring 30 photos to create a 7x7 album. Your instructor, Creative Memory Consultant Amy Gogo, will be contacting you after registration for album, sticker and paper color choices. A material fee of \$38.00 is due at first session.

MTR Fee: \$20 NR Fee: \$25

Registration Deadline 6/30

 No.
 Days
 Dates
 Times

 224600-A
 Th
 Jul 13,20&27
 7-8:30PM

# 2006 MRPA HOOP SHOOT WINNERS

Macomb Township Parks and Recreation hosted the 2006 MRPA Hoop Shoot competition on February 21, 2006 with 59 narticipants.



# **Congratulations to:**

<b>3</b> 011g1.41.41.51.5 131			
Category	Name		
Boys 8-9	Kyle Campbell		
Girls 8-9	Victoria Pellerito		
Boys 10-11	Domenic Consiglio		
Girls 10-11	Miranda Bates		
Boys 12-13	Kyle Dunn		
Girls 12-13	Brianna Paniccia		
Boys 14-15	Andrew Rizzi		
Girls 14-15	Nicole Mentlewicz		

# Music Lessons with "A1 Studios"

#### Guitar, Keyboard, Drum, and Accordion Music Instruction

# Marvin Blank Senior Center 19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

Guitar, Keyboard (small or large portable keyboards), snare drums and drum pads, and accordion lessons are professionally led by Dick and Joyce Renock. The instructors have over 40 years of full time teaching experience.

You do not need a musical instrument to participate. Rentals are available from the instructor by request at the first lesson (fees to be discussed with the instructor). The instructors have a proven music program with award winning students. Music is taught the correct way; college-level broke down and made simple with emphasis on the most important thing in music...timing. Classes emphasize theory, timing, melody note, exercises, chords, and improvising. Repertoire includes classical music to the most popular and standard songs.

For specific class information or for private music lessons taught in your home, call A-1 studios at 586-992-1757.

Session: 5 lessons (1 day a week for 5 weeks)

Dates: May 16-June 13

MTR Fee: \$50.00 NR Fee: \$55.00

<b>Instrument</b> Guitar	No. 241702-A	<b>Day</b> Tu	<b>Time</b> 6:30-7 <sub>PM</sub>	Ages 8+
Keyboard	241701-A	Tu	7-7:30рм	8+
Drum	241703-A	Tu	7:30-8рм	8+
Accordion	241704-A	Tu	8-8:30рм	8+



INFORMATION ABOUT REGISTERING AND THE CLASS/EVENT REGISTRATION FORM CAN BE FOUND ON PAGES 38 AND 39 OF THIS BROCHURE.

# BEST FRIENDS DOG TRAINING

# "Happiness is a well-trained dog"

#### Marvin Blank Senior Center 19925 23 Mile Rd (one mile east of Romeo Plank Rd.)

Are you looking for a gentle modern approach to training? Using positive motivational techniques, Best Friend's Trainers will teach how to raise the dog you want. Methods are simple, quick, effective, and above all, enjoyable for both the dog and owner. Instructors focus on helping train a dog who is happy, willing, responsive, and obedient.

Best Friend's Instructors are members of APDT, Association of Pet Dog Trainers and NADOI, National Association of Dog Obedience Instructors. Class size is limited to ensure that you and your dog receive the level of attention and assistance that you require.

Classes meet one hour per week for six weeks, and include demonstrations, training exercises with your dog, behavior discussions, and weekly activities for you and your family to practice at home.

6 week class sessions

MTR Fee: \$110.00 (per session) NR Fee: \$115.00 (per session)

# Puppy Class (Age 10 weeks - 18 weeks)

Proof of at least 2 series of puppy shots required-bring to the first class. Start off in the right direction by taking advantage of your puppy's most formative period of development. Classes include lessons in basic obedience, puppy development, confidence building, self-control and problem prevention.

# Registration No. 221601-A

Wednesdays, May 3-June 7

7:00-8:00pm

# Beginner Class (Age: 18 weeks +)

Proof of current vaccinations required-bring to the first class. Dogs of any age will benefit from this six week class. Whether your dog is new to your family or has lived with you for awhile, you will learn how to teach proper manners and solve existing problems.

8:00-9:00pm

s and solve existing problems.
Classes include lessons in basic obedience. common behavior

problems, attention/focus and

building a bond with your dog. **Registration No. 221602-A**Wednesdays, May 3-June 7





# RESIDENT CAMP REGISTRATION BEGINS SATURDAY, APRIL 29TH @ 8:00AM

### This includes Camp Waldenburg and MLS Soccer Camps

# MACOMB TOWNSHIP PARKS & RECREATION

#### 20699 Macomb Street, Macomb, MI 48042

(Off Broughton Road, south of 25 Mile Road)

The first opportunity to register for summer camp programs is Saturday, April 29th starting at 8:00 AM. No registrations for camp will be accepted prior to this date. Camp registrations must be done in person. We will not accept any mail-in registrations for Camp Waldenburg and MLS Soccer Camps.

- All camp registrations must be made in person and are accepted on a first come, first serve basis. Do not mail camp registration requests. Spaces cannot be held.
- Special camp registration forms and participant medical forms for Camp Waldenburg & MLS Soccer Camps must be completed. Do not use the program registration form found in this brochure.
- Forms cannot be removed from the offices and returned later as they are numbered for enrollment tracking.
- You can register your family members and those of one other family provided you have the required information.
- Payment by cash or check only is due in full at registration.

If you have guestions call Macomb Township Parks & Recreation at 586-992-2900.

For each participant registering for Camp Waldenburg or MLS Soccer Camps, be sure to bring the following information with you. We are unable to register any participant without these items being provided.

- Emergency contact names, address, phone number
- Insurance information
- Child's medical history
- Child's doctor's name, address and phone number
- Immunization information (Make sure your child's immunizations are up to date)

# SUMMER CAMP REFUND GUIDELINES

To ensure the proper staffing of summer camps and to accommodate individuals on waiting lists we require that refunds for summer camps be requested in accordance with the following guidelines.

To receive a refund the Macomb Township Parks & Recreation Department must be notified as early as possible in person or by calling 586-992-2900.

#### The refund amount will be determined as follows:

- If the department is notified at least fifteen (15) calendar days prior to the first day of camp a full refund of the registration fee will be issued, less a \$5 processing fee.
- If the department is notified between fourteen (14) and four (4) calendar days prior to the first day of camp a 75% refund of the registration fee will be issued, less a \$5 processing fee.
- If notified less than four (4) calendar days prior to the first day of camp no refund can be issued.

Please contact the Macomb Township Parks & Recreation Department if you have any questions.

This refund policy is separate from the departments refund policy on classes and special events. Please refer to that policy listed in the R.E.A.C.H. Newsletter.

# METRO YOUTH FITNESS MEET

Attention all athletes! This year's Metro Youth Fitness Meet is quickly approaching! Children ages 7-14 will have an opportunity to compete against athletes in their age group. Children may sign up to compete in the Running or Standing Long Jump, the Softball Throw, Chinning, Agility Run, the Dash, or Shuttle Relay. Winners at the Township Meet will earn the chance to represent Macomb Township at the State Youth Fitness Meet to be held on July 20th at Kensington Metro Park.

This is a perfect way to give your child the opportunity to

learn about sportsmanship, teamwork and competition. This program will run in conjunction with Camp Waldenburg and is also open to all Macomb Township residents between the ages of 7-14. Contact the Recreation Center at 586-992-2900 for more information.



# SUMMER DAY CAMP

This summer youngsters can have a great time at the ever popular Camp Waldenburg. Youngsters can register for one week or all of the weeks depending on availability.

Children must have completed Kindergarten at the close of the current school year, through 6th grade to be eligible to enroll in the camps. We must strictly adhere to these requirements and will not make exceptions.

A qualified staff will provide youngsters with a safe atmosphere filled with memorable fun all summer long. We maintain a ratio of one staff member for every ten campers.

Each week campers will participate in an assortment of activities, including arts and crafts, songs, music, sports, games, field trips, special activities and much more. Campers will participate in a wide variety of activities and should dress in weather appropriate clothing. Children also need to bring a sack lunch with a beverage to camp every day. Please remember there will be no refrigeration available at the camp site. Additional rules and procedures will be provided at the time of registration.

Field trip destinations and details are announced the Monday of each week of camp in the camp newsletter. Due to safety issues we ask that parents and/or nonregistered youngsters not attend the field trips. It is important and necessary that the staff manage all of the campers under their care at all times without distraction.

PLEASE NOTE: Camp will be held for 4 days per week, Monday-Thursday. There will be no camp sessions on Friday. There is no camp during the week of July 3rd due to the holiday.

# CAMP WALDENBURG

#### **NEW LOCATION AND DAYS**

Location: Iroquois Middle School

48301 Romeo Plank, south of 22 Mile Rd.

Ages: Completed current year Kindergarten – 6th grade

Camp Size: Minimum 20, Maximum 50

MTR Fee: \$75.00 per session NR Fee: \$95.00 per session

No.	Days	Times	Dates
215200-A	Mo-Th	9ам-4РМ	June 19-22
215200-B	Mo-Th	9ам-4РМ	June 26-29
215200-C	Mo-Th	9ам-4РМ	July 10-13
215200-D	Mo-Th	9ам-4РМ	July 17-20
215200-Е	Mo-Th	9ам-4РМ	July 24-27

# ABRACADABRA'S KIDS MAGIC CAMP

Marvin Blank Senior Center 19925 23 Mile Rd (one mile east of Romeo Plank Rd.) Registration No. 215300-D

Kids will learn how to create their own illusions from everyday objects. They will learn how to have confidence in themselves performing, presentation and public speaking. All supplies and materials are included with the price of the class. Kids will receive along with the nine tricks, a magic wand, a magic hat, and a master magician's certificate signed by Barry the Great.

Ages 6-11

Class Size: Maximum 25

MTR Fee: \$39.00 NR Fee: \$44.00

 Days
 Dates
 Times

 Mo-Tu-Th
 July 10, 11 & 13
 6:00-7:00pm

Registration Deadline 6/30/06

# ABRACADABRA'S ADVANCED MAGIC CAMP

Marvin Blank Senior Center 19925 23 Mile Rd (one mile east of Romeo Plank Rd.) Registration No. 215300-E

Barry the Great will be teaching slight of hands with coins, cards, and everyday objects. If you've always wanted to be able to fool your family and friends with amazing slight of hand magic, or if you're a magician who would like to hone your skills

in slight of hand, now is your chance to learn from a full time professional magician. Don't delay,...Sign up today!

Ages 11 and up Class size: Max 20

MTR Fee: \$49.00 NR Fee: \$54.00

 Days
 Dates
 Times

 Mo-Tu-Th
 July 10, 11 & 13
 7:05-8:05pm

# ALL ABOUT ME

Paper Crafts and More Camp

Ages 8 – 12

Macomb Township Recreation Center

20699 Macomb Street (off Broughton Rd south of 25 Mile Rd.)

Hey Kids! Plug into a creative outlet that celebrates how great it is to be YOU. First you will create an accordion card with five photos showing off what's great about you – sports, friends, clubs, whatever. Next class you will exercise your brain along with your creativity by making your very own Crossword Puzzle Page using five photos. Last class you will create gifts for the two special people in your life – Mom and Dad. (Favorite photo of you with Dad needed)

Material Fee: \$20 due at the first class.

Instructor: Amy Gogo, Creative Memories Consultant

MTR Fee: \$15.00 NR Fee: \$20.00 MTRC Members receive \$5.00 discount

Registration Deadline: 6/30

No. Days Date Times 215300-C Tu-We-Th Jul 18,19,20 10:30AM-12PM



# ALL-PRO FLAG FOOTBALL CAMP

# Macomb Corners Park-Football Fields

25 Mile Road (2 miles east of Romeo Plank Rd)

Ready, set, hike. Get ready for the upcoming NFL Youth Flag Football season. This flag football camp is a no-contact football experience, focusing on the proper techniques of throwing, catching, and kicking

the football as well as position play. Game play will feature 5 on 5 play, the same format as our fall flag football league.

All camp activities are designed with emphasis on 'fun'damental instruction, good sportsmanship, and skill development. A 10 to 1 camper/instructor ratio is maintained.

All campers will receive a camp tee-shirt and certificate. Each day players should bring their own football, sunscreen, hat, and plenty of bottled water or juice to camp each day.

**Daily Camp Schedule** 

9:00-9:10<sub>AM</sub> Check-in, warm-up 9:15-11:00<sub>AM</sub> 'Fun'damental instruction,

skills & drills

11:00-11:45AM Actual game play (5 on 5) 11:45AM-12:00PM All group fun activity & wrap-up

Session: 3 hours per day for 5 days Class Size: Minimum 10, maximum 20 Ages: Boys & Girls 7-14 years

MTR Fee: \$75.00 NR Fee: \$80.00

 No.
 Days
 Times
 Dates

 215100-H
 Mo-Fr
 9am-12pm
 Jul 31-Aug 4

# "I GOT NEXT" - BASKETBALL CAMPS

Macomb Township Recreation Center 20699 Macomb St. (off Broughton Rd, south of 25 Mile Rd)

Summer is sure to be a "slam dunk" at these basketball camps. Camp experience includes games, skill stations, exciting contests, and more!

All camp activities are designed with emphasis on 'fun'damental instruction, good sportsmanship, and skill development. An 8:1 camper/instructor ratio is maintained.

Players should wear basketball shoes, shorts, t-shirts, and bring a water bottle to camp each day. Basketballs are provided for use during week of camp.

Camp Director Bob Johnston, currently the boy's freshmen coach at Dakota High School, brings 23 years of coaching experience to the camps, along with qualified assistant camp instructors.

All campers will receive a camp tee-shirt, written evaluation, and certificate. Other prizes awarded the week of camp.

Session: 2 hrs per day for 4 days

Class Size: Minimum 20, maximum open

Ages: Boys & girls ages 8-15

MTR Fee: \$80.00 NR Fee: \$85.00



# VARDAR LACROSSE CAMPS



Boys & Girls ages 8-14

# Macomb Corners Park – Football Fields 25 Mile Road (east of Luchtman Rd.)

Camp Director Mike Johannes has been a part of the lacrosse world, either playing or coaching, for more than 15 years. Mike was an all-state goalie and team mvp in high school, played college lacrosse at Butler University, and has coached boy's varsity high school lacrosse.

# Session I: Introductory Non Contact Lacrosse Camps Camp experience includes skill building activities designed to teach and improve stick handling, cradling, passing, shooting, and defensive skills.

Lacrosse coaches will instruct the basic skills and rules of the game using small group activities, scrimmages, and fun games.

Session: 2 hrs per day for 5 days Class Size: Minimum 15, maximum 50 Ages: Boys & Girls ages 8-10, 11-14 MTR Fee: \$125.00 NR Fee: \$130.00

 No.
 Ages
 Days
 Times
 Dates

 215102-A
 8-14
 Mo-Fr
 9-11AM
 Jun 19-23

 215102-B
 8-14
 Mo-Fr
 9-11AM
 Jul 10-14

**Session II: Intermediate Full Contact Lacrosse Camps**Action packed, fast paced week of skill-building activities designed to improve stick handling, cradling, passing, shooting, and offensive and defensive skills.

Camp will be a full contact camp with focus on team concepts, while continuing to teach the basic skills and rules of the game using small group activities, scrimmages, and fun games.

All equipment will be required, and can be purchased if needed, at Detroit Lacrosse Company.

Session: 2 hrs per day for 5 days Class Size: Minimum 15, maximum 50 Ages: Boys & Girls ages 8-10, 11-14 MTR Fee: \$125.00 NR Fee: \$130.00

 No.
 Ages
 Days
 Times
 Dates

 215102-C
 8-14
 Mo-Fr
 12-2PM
 Jun 19-23

 215102-D
 8-14
 Mo-Fr
 12-2PM
 Jul 10-14

# FRIENDLY REMINDER...

Nothing ruins a good
program quicker than everyone
waiting until the last minute to register!

Please register early to ensure that the program will run.

# MAJOR LEAGUE SOCCER CAMPS

### **Macomb Corners Park**

**25 Mile Road** (east of Luchtman Road)



Kids can get their kicks this summer at the premier soccer camp offered in the area-Major League Soccer Camps. The full week of camp features three distinct programs offered for a variety of ages.

Camps are held at the Macomb Corners Park Soccer Fields, located on 25 Mile Road, east of Luchtman Road. Register by Friday, July 14.

Refer to camp registration information on how to register for MLS Camps. If you would like to be in the same session as another camper, you must register for the same session/activity number.

#### Mini Wee Soccer Camp - Ages 2-4 years (with parent)

The Mini Wee program is a great introductory soccer experience for children with their parent. It is based on a total fun and games philosophy and uses soft play products to ensure a positive start to the sport of soccer. The program meets Monday-Friday for 45 minute sessions. Youth campers will receive a soccer ball, camp tee shirt, and an evaluation.

Ages: Boys & girls 2-4 years with parent

MTR Fee: \$59.00 NR Fee: \$64.00

No.	Days	Times	Dates
215100-A	Mo-Fr	9-9:45am	July 24-28
215100-B	Mo-Fr	9-9:45am	July 24-28
215100-C	Mo-Fr	10-10:45ам	July 24-28
215100-D	Mo-Fr	10-10:45ам	July 24-28

#### Munchkin Soccer Camp-Ages 5-6 years

Campers will learn the fundamentals of soccer in a positive and high energy environment.

Soccer-related games, activities, and modified game play are included in the week of camp. The camp meets Monday-Friday for 1½ hours sessions daily. All campers will receive a soccer ball, camp t-shirt, and an evaluation.

Ages: Boys & Girls 5-6 years

MTR Fee: \$88.00 NR Fee: \$93.00

No.	Days	Times	Dates
215100-E	Mo-Fr	11ам-12:30рм	July 24-28
215100-F	Mo-Fr	11ам-12:30рм	July 24-28

### Strikers Soccer Camp-Ages 7 & Above

Younger campers will be instructed on the fundamentals of the sport, while the more advanced players will focus on challenging skills and tactics for more advanced play. Soccer activities, modified game play, and scrimmage play, are highlighted during camp week. The camp meets Monday-Friday for 3 hour sessions. All campers will receive a soccer ball, camp tee shirt, and an evaluation.

Ages: Boys & Girls 7 and above MTR Fee: \$135.00 NR Fee: \$140.00

No.	Days	Times	Dates
215100-G	Mo-Fr	9ам-12рм	July 24-28

This area's MLS Soccer Camps is based in Chicago. The international coaching staff, many of whom are from England, will be traveling to Macomb Township for this week of camp. Any families that might be interested in hosting a coach during camp week, please contact parks & recreation. Or, for more information about hosting a coach, please go to www.mlscamps.com.

# GIRLS JUST "KICKIN' IT"

**All Girls Soccer Camps** 



#### Macomb Corners Park - Soccer Fields 25 Mile Road, east of Luchtman Rd

Soccer techniques and tactics will be emphasized in these all girls soccer camps. Camp experience includes games, skill stations, team building exercises to develop leadership and team unity, soccer skills contests, and more!

Through soccer, the goal of the camp is to build self-esteem, pride, and self-confidence. All camp activities are designed with emphasis on 'fun'damental instruction, good sportsmanship, and skill development. An TBD camper/instructor ratio is maintained.

Players should wear soccer shoes, shorts, t-shirts, shinguards, (dress appropriate for weather conditions), bring sun screen and a water bottle to camp each day. Soccer balls are provided for use during week of camp.

Camp Director Mike Lupenec, the Women's Soccer Coach at University Detroit Mercy and 2005 Horizon League Women's Soccer Coach of the Year, brings his professional playing and coaching experience to the camps, along with qualified assistant camp instructors, players from the UDM Women's Soccer Team.



All campers will receive a camp tee-shirt.

MTR Fee: \$75.00 NR Fee: \$80.00 Session: 1.5 hrs per day for 5 days Class Size: Minimum 15, maximum 50

Ages: Girls ages 5-9

No.	Ages	Days	Times	Dates
215101-A	5-9	Mo-Fr	9-10:30am	Jun 26-30
215101-B	5-9	Mo-Fr	9-10:30am	Jul 10-14
215101-C	5-9	Mo-Fr	9-10:30ам	Jul 17-21

Session: 1.5 hrs per day for 5 days Class Size: Minimum 15, maximum 50

Ages: Girls ages 10-13

No.	Ages	Days	Times	<b>Dates</b>
215101-D	10-13	Mo-Fr	10:30ам-12рм	Jun 26-30
215101-E	10-13	Mo-Fr	10:30ам-12рм	Jul 10-14
215101-F	10-13	Mo-Fr	10:30ам-12рм	Jul 17-21



# SKYHAWKS

#### **Muti-Sports Camps**

# Macomb Corners Park 25 Mile Road (east of Luchtman Road)

Physical exercise and the development of athletic skills during childhood set the stage for physical fitness success for life! In an effort to introduce more children to a positive experience in athletics, Skyhawks was founded over 25 years ago. Today, Skyhawks has evolved and during the summer of 2005 over 80,000 children participated in Skyhawks programs.

Skyhawks is a curriculum driven, locally supported provider of youth sports programs commited to the improvement of individual skills tailored specifically to each sport offered. Each camp experience offers a safe camp environment, fundamental instruction, and great times!

For additional information about Skyhawks programs, please visit their website www.skyhawks.com.

Camp participants should wear daily: Weather appropriate clothing, shorts, t-shirts, (on cooler days, sweatpants, sweatshirts,) tennis shoes, and sunscreen. Campers are encouraged to bring plenty of water/juice to camp with them each day.

### Tiny Hawk Camp-Ages 3-4 years

Tiny Hawk is designed to develop motor skills through various sports activities and games. Skyhawks goal is to introduce general concepts and skills, including hand-eye coordination, foot-eye coordination, balance, teamwork, and sportsmanship. Campers will be introduced to soccer

and basketball. Age appropriate games and equipment will be utilized. Parental involvement is not required but is certainly welcome. Camper to staff ratio is approximately 6:1. All campers will receive a Skyhawks mini-basketball.

Children must be toilet-trained to attend, pull-ups are not allowed. The program meets Mon-Fri for 45 minute sessions.

Ages: Boys & Girls 3-4 Minimum: 15, maximum: 24

MTR Fee: \$65.00 NR Fee: \$70.00

 No.
 Days
 Times
 Dates

 215100-P
 Mo-Fr
 10-10:45AM
 Jun 19-23

 215100-Q
 Mo-Fr
 10-10:45AM
 Aug 7-11

#### Mini-Hawk Multi Sport Camp-Ages 4-6years

Campers will be introduced to the fundamentals of soccer, basketball, and t-ball in a positive and safe environment. Sport specific related games, activities, and modified game play, are included in the week of camp. The camp program meets Monday-Friday for 1-1/2 hour sessions. Campers will receive a Skyhawks camp t-shirt and a mini-basketball.

Ages: Boys & Girls 4-6 Minimum: 15, maximum: 40

MTR Fee: \$75.00 NR Fee: \$80.00

 No.
 Days
 Times
 Dates

 215100-R
 Mo-Fr
 11AM-12:30PM
 Jun 19-23

 215100-S
 Mo-Fr
 11AM-12:30PM
 Aug 7-11

Mini-hawks should bring to camp each day: Shin guards, baseball glove, snacks and plenty of water or juice.

# STATE CHAMPS GIRLS SOFTBALL CAMP

#### **Fast Pitch**

Macomb Corners Park
25 Mile Road (east of Luchtman Road)

Registration No. 215100-W

Time: 9AM-12PM Ages: Grades 6-9

Dates: Wednesday, June 21 – Friday, June 24

MTR Fee: \$50.00 NR Fee: \$55.00

This three day fast pitch softball camp emphasizes position play, pitching, catching, and hitting, with special emphasis on the fundamentals of the sport.

Three-time State Champion Coach, Diane Laffey, the coaching staff from Regina High, and players from the team, bring their expertise to Macomb Township in this exciting camp offering.

Registration fee includes camp tee-shirt.

# PARKS & RECREATION

Creating Community Through People, Parks & Programs

# SKYHAWKS BASKETBALL CAMP

Ages 6-8, 8-10 years

# Waldenburg Park-Outdoor Basketball Court 21 Mile Road (east of Romeo Plank Rd.)

Designed for beginner-intermediate basketball players, campers will learn new skills, focusing on the fundamentals of the sport, with special emphasis on passing, shooting, and dribbling skills. Campers will put their skills to the test at an end of the week tournament. The camp program meets Monday-Friday for 1-1/2 hour sessions. Campers will receive a Skyhawks camp t-shirt, mini-basketball, and a merit award.

In case of rainy conditions during the week of camp, the camp may be held indoors at the recreation center. Please call the Parks & Recreation Center @ 992-2900 for the latest updates. Please note, a final decision regarding where camp will be held won't be available until ONE HOUR PRIOR TO THE SCHEDULED START TIME OF CAMP.

Ages: Boys & Girls 6-8 Minimum: 15 maximum: 20

MTR Fee: \$75.00 NR Fee: \$80.00

 No.
 Days
 Ages
 Times
 Dates

 215100-X
 Mo-Fr
 6-8
 9-10:30am
 Jul 10-14

 215100-Y
 Mo-Fr
 8-10
 10:30am-12pm
 Jul 10-14

Basketball campers should bring to camp each day: Weather appropriate clothing and basketball shoes, snack, and bring plenty of water or juice.

# YOUNG REMBRANDTS

### Junior Camps – Ages 5-7



# **Marvin Blank Senior Center**

**19925 23 Mile Road** (one mile east of Romeo Plank Rd.)

Aspiring artists are sure to enjoy the Young Rembrandt's art experience. With so many camps to choose from, young artists will have the opportunity to explore their drawing talent and create their own masterpieces.

Days: Tuesday-Thursday Time: 9AM-10:30AM

Ages: 5-7

Camp Size: Minimum 8, maximum 15

MTR Fee: \$45.00/session NR Fee: \$50.00/session

### Down On The Farm Camp – July 11-13 Registration No. 215300-I



Explore a farm and all the elements that are seen on a farm, including a barn, tractor, and more! Learn to draw a variety of animals that live and play down on the farm. On the last day of camp, all the pieces that live and play on our farm will be brought together into one large farm scene, full of fun! Pencils, markers, and color pencils will be used.

# Junior Princess Camp – July 18-20 Registration No. 215300-J



Everybody loves to play dress-up! Learn to draw yourself in "glamour" wear. Day one draw accessories, including: purses, crowns, jewelry. On day two, draw simple faces with crowns and hats. Day three will revisit the first two days and draw figures wearing fancy gowns with a variety of accessories. Step-by-step Young Rembrandts drawing techniques will insure success! Pencils, color pencils, markers, and sharpies will be used.

# Junior Zoo Camp July 25-27 Registration No. 215300-K

Lions, tigers, and bears, oh my! Learn to draw giraffes, zebras, lions, tigers, birds and more! One the final day campers will create one large scene of the zoo, divided into several habitats and incorporating the many animals that have been included in this camp. Pencils, markers, sharpies and color pencils will be used.



# YOUNG REMBRANDTS

# Elementary Camps – Ages 7-12



#### **Marvin Blank Senior Center**

**19925 23 Mile Road** (one mile east of Romeo Plank Rd.)

From creating super heros to cartooning action sports like snowboarding, what better way spend summer. Each week of drawing camp provides a unique opportunity for campers to draw, create, and explore.

Days: Tuesday-Thursday Time: 10:45AM-12:15PM

Ages: 7-12

Camp Size: Minimum 8, maximum 15

MTR Fee: \$45.00/session NR Fee: \$50.00/session

# Super Hero Cartoon Camp – July 11-13 Registration No. 215300-M

Pow! Bang! Wow! Learn to draw your own comic book super hero. Each day campers will complete several drawings while exploring a variety of characters. Learn to draw the basic muscular super hero body and adapt it to your own creation. Campers will learn to draw action and movement while completing the scenes around the super heros, using pencils, markers, and sharpies.

# Cartoon Action Camp – July 18-20 Registration No. 215300-N



It's time for cartoon lovers to learn to cartoon their favorite action sports! These cartoons all center on popular action sports like skateboarding, skating, scooters, and biking. Learn simple cartoon characters, how to show movement, action lines, sounds, sequencing a joke and expressions. Turn the sports that you love into cartoons you can enjoy again and again. Campers will use pencils, markers, and sharpies to complete their drawings.

# Summer Art Camp – July 25-27 Registration No. 215300-0

This is the MOST POPULAR Young Rembrandts camp. Campers will be exposed to three different media all in one camp. Day one will emphasize drawing skills while completing one large drawing with markers. Day two, learn cartooning techniques while being introduced to some fun new characters. Day three learn pastel techniques and complete a 12 X 18 pastel piece. The step-by-step Young Rembrandt teaching method insures success and fun with all media! Please wear an old shirt or a smock to camp each day.



# FUTURE FIREFIGHTERS & JUNIOR DEPUTIES CAMP

#### Marvin Blank Senior Center 19925 23 Mile Road

(one mile east of Romeo Plank Road)

Dates: July 31-August 4 Time: 9am-12noon

Ages: 5-7

Class Size: Minimum 10, maximum 25 MTR Fee: \$45.00 NR Fee: \$50.00

 No.
 Days
 Times
 Dates

 215300-B
 Mo-Fr
 9AM-12PM
 Jul 31-Aug 4

Attention all future firefighters and junior deputies . . . this camp is for you! Macomb Township Parks & Recreation, the Macomb Township Fire Department and the Macomb County Sheriff's Department are all teaming up for this exciting camp! Learn fire safety, bike safety, seat belt safety, and more. See fire engines and patrol cars up close and discover how they work. Each day campers will eat lunch with either a sheriff's deputy or a firefighter.

There will be sensational crafts and safety-related activities daily. On the last day of camp, there will be a graduation ceremony for all of the future firefighters & junior deputies. Last day of camp will be held at Fire Station Headquarters on 21 Mile Road (south side of 21 Mile Road between Garfield and Romeo Plank Road.)

# ARTS & AUTHORS CAMP FOR KIDS!

**Location: His Rock** (24 Mile and Romeo Plank Rd.) **Registration No. 215300-R** 

The wonderful world of books will come alive for your child! Art projects, games and other activities will center on the author and theme of the stories for that week. A certified teacher and staff will be on hand to guide your children through the world of amazing authors such as Eric Carle and Dr. Seuss.

Children must be entering first through third grades. Children will need to be signed in and out by their parent each day. Please list any food allergies when registering so that we can make accommodations for your child during snack time. Due to the nature of the program we would like to ask parents to leave the children "on their own" at the program. This would be a great time to go and enjoy some of the summer sun!

A detailed list of activities for the camp will be available at the time of registration. Cost includes art supplies and snack.

Ages: Entering 1st-3rd grades

Day: Wednesdays

Dates: June 21-Aug. 2 (excludes July 5 due to the holiday)

Time: 9:00-10:30AM

Class size: Minimum 10, Maximum 20 MTR Fee: \$65.00 NR Fee: \$70.00

# ACTORS CAMP

# The Fairy Tale Cafe



# **Marvin Blank Senior Center**

**19925 23 Mile road** (one mile east of Romeo Plank Road)

Summer acting, having a blast! Aspiring actors and actresses, here's your chance to perform on stage! During this one week camp participants will be introduced to various aspects of theatre, including improvisational games, auditioning for parts, reading the script, introduction to the stage are, terminology, and much more.

Director Debby Ryle encourages participants to strive for excellence in a positive class environment. The full program will focus on a short play, The Fairy Tale Café, to be presented at the end of the session for family and friends. The performance will be held on July 22, during the afternoon.

All campers will receive a camp t-shirt.

Session: 2.5 hours/day for 5 days, plus performance

Class Size: Minimum 10, maximum 20

MTR Fee: \$75.00/person NR Fee: \$80.00/person

No. Ages Days Times Dates
211501-B 6-16 Mo-Sa 10AM-12:30PM July 17-22

(Performance on Saturday, July 22)

# KIDDIE KAMP

**Location: His Rock** (24 Mile and Romeo Plank Rd.) **Registration No. 215300-S** 

Come join us for a summer of pre-school recreation. Learn to cook and read a book; sing songs and play with frogs. Kiddie Kamp promises a delightful summer experience for children ages 3-6. We will provide a balance of individual and group activities which will center around a new theme each week. We are looking forward to sharing songs and stories with new friends. Join us at Kiddie Kamp.

Children must be the correct age at the start of the session and be completely toilet trained. Children will need to be signed in and out by their parent each day. Please list any food allergies when registering so that we can make accommodations for your child during snack time. Due to the nature of this program we would like to ask parents to ask parents to leave the children "on their own" at the program. This would be a great time to go and enjoy some of the summer sun!

A detailed list of activities for the camp will be available at the time of registration. Cost includes all supplies and snack.

Ages: 3-6

Day: Wednesdays

Dates: June 21-Aug. 2 (excludes July 5 due to the holiday)

Time: 11:00AM-12:30PM

Class size: Minimum 10, Maximum 20 MTR Fee: \$60.00 NR Fee: \$65.00

# FANTASTIC FOURS DISCOVERY DAYS

Macomb Township Recreation Center 20699 Macomb St. (Off Broughton Rd., south of 25 mile Rd.) Mondays/Wednesdays

May 10 – June 14 (No Class Monday, May 29) 9:25-10:35<sub>AM</sub>

Registration No. 211505-A

We all know that four year olds are ready to take on the world. They are ready to explore the many elements the world has to offer. Let's harness their yearning to discover the world in this fun filled 7 week camp. Kids will participate in stories, songs, play, arts and crafts. Participants must be 4 years of age by the start of the class (May 10).

MTR Fee: \$50.00 NRFee: \$55.00 MTRC Members receive \$5.00 discount

Min. Count: 8/Max. Count: 10

# TRIAL MEMBERSHIP DOES NOT QUALIFY FOR MEMBERSHIP DISCOUNT

# AFTER SCHOOL ACTORS - ANNIE

**Young Performers Theatre Art** 

Marvin Blank Senior Center 19925 23 Mile Rd. (one mile east of Romeo Plank Rd.)

Session: 90-minutes per week for 7 sessions Class Size: Minimum 10, maximum 20

MTR Fee: \$45.00/person NR Fee: \$50.00/person

Aspiring actors and actresses, here's your chance to be a part of Annie! During this seven session class participants will be introduced to various aspects of theatre, including improvisational games, auditioning for parts, reading the script, introduction to the stage area, terminology, and much more.

Director Debby Ryle encourages participants to strive for excellence in a positive class environment. The full program will focus on a short play to be presented at the end of the session for family and friends. All participants receive a trophy and certificate.

Dress rehearsal will be held on Monday, June 13, from 5pm-6:30pm with the performance to be held on June 20.

 No.
 Ages
 Days
 Times
 Dates

 211501-A
 6-16
 Tuesday
 5-6:30pm
 May 9-June 20

 (No class on Tuesday, May 30)



# YOUNG REMBRANDTS

### **Pre-School Drawing Class**



Marvin Blank Senior Center

**19925 23 Mile Rd.** (one mile east of Romeo Plank Rd.)

Young Rembrandts instructors provide a positive, nurturing environment for your child. Each week participants will learn to draw something, from fish to teddy bears, rainbows to cowboys, and we'll talk about the subject matter as we learn to draw it together. Classes will emphasize drawing and coloring, with attention to developing fine motor skills, focus, listening, staying on task, spatial organization, and patience.

Sessions are 5 weeks, meeting one day per week. Classes meet for 45 minutes, all materials are provided-happy smiling faces guaranteed.

Exciting and new lesson plans each session, these classes are great for new and returning students!

MTR Fee: \$45.00/session NR Fee: \$50.00/session

Ages: 3-5

Class Size: Minimum 6, Maximum 10

 Session I
 Day
 Dates
 Time

 211515-A
 Tu
 May 9-Jun 6
 9:30-10:15AM

# YOUNG REMBRANDTS



Elementary Age Drawing & Cartooning Ages 6-12

Marvin Blank Senior Center 19925 23 Mile Rd. (one mile east of Romeo Plank Rd.)

Young Rembrandts Elementary Drawing Classes Get ready to draw amazing things! Young Rembrandts innovative step-by-step drawing method can teach any child how to draw-regardless of artistic ability, giving them the skills to express their creativity that will last a lifetime. We provide all materials and brand new subject matter every week, ranging from animals, landscapes, still lifes, even art history. Our philosophy is to give children a very positive, nurturing environment, with emphasis on fundamental drawing techniques. Aspiring artist will see increased ability, self-confidence, and self-esteem.

MTR Fee: \$50/session NR Fee: \$55/session

Session: 5 weeks

Class size: Minimum 6, maximum 15

 Session I
 Day
 Dates
 Time

 211515-C
 Sa
 May 6-Jun 3
 9:30-10:30am

Young Rembrandts Cartoon Drawing Classes
Learning to draw can be lots of fun! Especially if we're
creating silly characters, funny expressions, and drawing
sequences that tell jokes! This delightful program
combines Young Rembrandts innovative step-by-step
drawing method with light-hearted subject matters that
engage children, their sense of humor and their vivid
imaginations. All materials are supplied. Giggles
guaranteed.

MTR Fee: \$50.00/session NR Fee: \$55.00/session

Sesssion: 5 weeks

Class size: Minimum 6, maximum 15

 Session I
 Day
 Dates
 Time

 211515-B
 Sa
 May 6-Jun 3
 10:45-11:45AM



# KIDS EXCEL WITH CHESS



### **Chess Camp-Beginner through Advanced**

# Marvin Blank Senior Center

**19925 23 Mile Road** (one mile east of Romeo Plank Road)

This camp is designed for chess players of all levels, beginner through advanced. Campers will be divided into groups of similar skill levels. Led by Chantelle Mitchell, United States Certified Chess Coach, camp includes, board layout and set up, how the pieces move and capture, check, checkmate, draws, piece values, pawn promotion, castling, how to open your game, basic checkmates, tournament rules tactics, strategies, en passant, chess notation, and how to use a chess clock.

All campers will receive a tournament chess set, camp t-shirt, and a medal.

Campers may bring a snack to camp each day.

#### Register by Friday, June 23.

Session: 2.5 hours per day for 5 days Class Size: Minimum 10, Maximum 40 MTR Fee: \$75.00 NR Fee: \$80.00

 No.
 Days
 Times
 Dates

 215300-Q
 Mo-Fr
 10AM-12:30PM
 Jul 17-21



# KIDS EXCEL WITH CHESS

### Parent & Child Chess Class



# Marvin Blank Senior Center 19925 23 Mile Road (one mile east of Romeo Plank Road)

Chess anyone? Led by Chantelle Mitchell, United States Chess Federation Certified Chess Coach, each child and parent will learn the fundamentals of chess including, board layout and set up, how the pieces move and capture, check, checkmate, common draws, piece values, pawn promotion, castling, how to open your game, basic checkmates, tournament rules, en passant, tactics, and basic chess notation.

On the first day of class, each parent and child team will receive one chess set.

On the last day of class, all participants will play in a three round tournament.

MTR Fee: \$70 per parent/child team (\$35/participant) NR Fee: \$75 per parent/child team (\$37.50/participant)

Ages: Youth 5 and above with parent

Class size: Minimum 5 teams (10 participants), Maximum 20 teams (40 participants)

Session: 4 week program

 Session I
 Day
 Dates
 Time

 211503-B
 Sa
 Jul 15, 22, 29
 10:00AM-12:15PM

 Aug 5
 Aug 5

# KIDS EXCEL WITH CHESS

#### **Chess Tournament**

Youth ages 5-18 Registration No. 211503-A Saturday, August 12 10:00AM-12:45PM



#### Marvin Blank Senior Center 19925 23 Mile Road (one mile east of Romeo Plank Road)

Register by: July 21, 2006

Minimum: 20 players Maximum: 80 players

MTR Fee: \$20.00 per person NR Fee: \$25.00 per person Back by popular demand! Sign-up and play chess in this five round chess tournament. Please include your child's age AND grade level (entering in Fall 2006) on the registration form. Tournament participants will play against other students in the same grade level. If there are less than 8 students per grade, grade levels/awards will be combined for paring purposes at this fun-filled event.

Entry fee includes: Five round chess tournament versus students in your own grade, trophies awarded to all participants, with larger trophies to the top 5 finishers in each grade level.

Event led by Chantelle Mitchell, Certified Tournament Director, all participants must check-in between 9:30-10:00am. Rules explained and play starts promptly at 10:05am. The first 3 rounds will last 20 minutes each, and the last 2 rounds will last 25 minutes each. Awards presentation at 12:45PM. Parents are welcome to stay for the duration of the tournament, or pick-up their child by 12:45pm.

# You must know how to play chess in order to register/participate.

Please include your child's age AND grade level (entering in Fall 2006) on the registration form.

# ROCK-N-BOWL FOR KIDS ONLY!!!!!

Ages 9-14 Kingswood Lanes 44925 N. Groesbeck, Clinton Twp. (586) 469-6411



\$8.00 admission includes unlimited bowling, rental shoes, a Live Disc Jockey playing your favorite music, dancing, and unlimited fun!!!

Prizes, fun, & dancing

Live DJ every week.

# GRAND OPENING NIGHT MAY 10. 2006 6:30pm TO 9:00pm.

(Every Wednesday for 12 weeks with a different theme)

Start off the summer with a night of fun!

KINGSWOOD PARENTAL GUARANTEE guarantees that the bowling center will be alcohol free, and cigarette free during this program!!

# MACOMB TOWNSHIP RECREATION CENTER



Macomb Township Recreation Center is growing! Beginning in mid-May, construction will begin on Phase II of the current Recreation Center. This addition will be approximately 32,000 square feet dedicated to primarily Exercise & Fitness. Phase II includes an additional gymnasium, Two-story fitness rotunda, administration offices, and expansion of the existing track. In addition, renovations will be made to the current Recreation Center which include an additional party room, expansion of our Tadpole Town Child Watch Center, additional meeting rooms and Aerobics/Exercise rooms.





# PREMIER TRAINING CENTER

PTC features multi-use indoor playing fields and batting cages for both softball and baseball. Located at 51379 Quadrate Drive in Macomb Township (north of 23 Mile between Romeo Plank and Hayes), PTC offers a variety of classes, leagues, and rental options. For more information regarding this exciting new facility, visit their website at www.PremierTrainingCenter.com or call 992-1930.

Registration for all the classes held at PTC (listed in this R.E.A.C.H. brochure) at the Macomb Township Parks & Recreation Center.

# SUPER SUMMER SOCCER CAMPS

Sign up your little kicker for soccer camp.

These camps meet once a week for four weeks.

Designed as an introductory experience to the sport of soccer, daily camp activities will focus on simple soccer training and games in an exciting and safe environment.

Camps held indoors in the air-conditioned PTC, beat the heat, sign-up today.

# **Kiddy Kickers**

Session: Camps meet once a week for four weeks

Ages: 2-3

Camp Size: Minimum 8, maximum 15 MTR Fee: \$25.00 NR Fee: \$30.00

No. Day **Dates** Time Jun 20-Jul 18 9:00-10:00AM 215501-A Tu (No camp on July 4)

215501-B Tu Jul 25-Aug 15 9:00-10:00AM

#### **Kicks are For Kids**

Session: Camps meet once a week for four weeks

Ages: 4-5

Camp Size: Minimum 8, maximum 15 MTR Fee: \$25.00 NR Fee: \$30.00

No. Day **Dates** Time 215501-C Jun 20-Jul 18 10:00-11:00AM Tu

(No camp on July 4)

215501-D Tu Jul 25-Aug 15 10:00-11:00AM

INFORMATION ABOUT REGISTERING AND THE CLASS/EVENT REGISTRATION FORM CAN BE FOUND ON PAGES 38 AND 39 OF THIS BROCHURE.

# SPRING TRAINING - BASEBALL SKILLS CLINIC

Get tuned up for the baseball season at this exciting clinic designed for boys and girls ages 5-14. In this one day clinic, players will train at various skill stations with emphasis on fielding, throwing, catching, and hitting in the batting cages. Under the direction of the PTC coaching staff, spring training will emphasize the "fun" damentals of baseball in a positive and safe setting.

#### Clinic held indoors at the PTC.

Session: 2 hours

Class Size: Minimum 45, Maximum 80

MTR Fee: \$25.00 NR Fee: \$30.00 No. Dav Time Date

215501-E Sa 1:00-3:00PM May 6



Region 459

AMERICAN YOUTH SOCCER ORGANIZATION

Shelby Twp - Utica - Macomb Fall 2006 & Spring 2007 Seasons Soccer Sign-up

Saturday, May 6, 2006 ONE DAY ONLY! From 9:00AM-6:00PM

Anyone who registers today is guaranteed a spot on a team.

Where: Eisenhower High School - Commons Located on 25 Mile Between Van Dyke & Mound

Eligible Birth dates: 8-1-87 to 7-31-02

You must visit our web site: www.ayso8c459.org to pre-register and obtain more information.

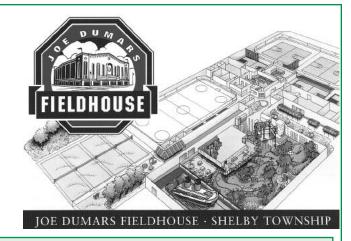
Remember, with AYSO, everyone is a VOLUNTEER.

# JOE DUMARS' FIELDHOUSE- SHELBY

**Announces All Star Summer Camp Lineup** 

Joe Dumars' Fieldhouse, Shelby Twp. Phone: (586) 731.3080

Joe Dumars' Fieldhouse, Shelby is proud to announce its 2006 summer camp lineup. This extraordinary schedule includes a full schedule of fun and educational programs for children ages 2-17. The Fieldhouse's outstanding coaches and support staff are dedicated to giving campers the best possible experience while focusing on fundamentals, sportsmanship and teamwork.



NOTE: Contact Macomb Township Parks & Recreation to register for these classes.

# AAU/ADIDAS GIRLS BASKETBALL CAMP

This elite camp is designed specifically for girls who would like to improve their skills in preparation for the upcoming fall season. Players will work on dribbling, shooting, passing, rebounding and team play. Offensive and defensive strategies will also be taught. The head coach for these camps is Loren Ristovski, seven-year European professional player and Varsity coach/athletic director at Harper Woods High School.

**Dates offered: July 24 - 28, 2006 215401-A** Ages 10-17 (5-day \$225) 9:00am-4:00pm

# FIELDHOUSE BASKETBALL CAMP

The eleventh annual Fieldhouse Basketball Camp welcomes boys and girls of all skill levels for a week of fun & fundamentals. Instruction will focus on specific skill building stations where team play, passing, defense, rebounding and shooting will be taught. Campers will also participate in free throw and three-point challenges along with daily scrimmages. Head Coach: Loren Ristovski.

#### Dates offered:

June 19 - 23, 2006

**215401-C** Ages 8-17 (5-day \$199) 9:00AM-4:00PM

**215401-D** Ages 4-7 (5-day \$99) 9:00–11:30<sub>AM</sub> (1/2 day)

July 17 - 21, 2006

**215401-L** Ages 8-17 (5-day \$199) 9:00AM-4:00PM

**215401-M** Ages 4-7 (5-day \$99) 9:00–11:30am (1/2 day)

August 7 - 11, 2006

**215401-E** Ages 8-17 (5-day \$199) 9:00AM-4:00PM

**215401-F** Ages 4-7 (5-day \$99) 9:00–11:30<sub>AM</sub> (1/2 day)

# ALL STAR SHOOTING CAMP

This camp offers a great opportunity to hone your offensive skills via drills and games. Daily fundamental sessions will establish and reinforce proper form, technique and execution. Coaches will also teach innovative practice drills to help athletes develop their strength, quickness, agility and flexibility both during and after camp. This is an ideal fundamental camp for skill development and is definitely challenging for all ages.

#### Dates offered:

July 5-7, 2006

**215401-G** Ages 8-12 (3-day \$99) 9:00AM-12:00PM

**215401-H** Ages 13-17 (3-day \$99) 1:00-4:00PM

July 31-August 2, 2006

**215401-I** Ages 8-12 (3-day \$99) 9:00AM-12:00PM

**215401-J** Ages 13-17 (3-day \$99) 1:00-4:00pm

# HOOPS 33 BASKETBALL CAMP

This eighth annual basketball camp, Hoops 33, is the perfect camp for any level of player! College players will instruct boys and girls from beginner to advanced levels. Head coach Rob Robinson will focus on increasing fundamental skills through team play. This top-selling camp gives players an opportunity to work in a competitive atmosphere while still receiving the personal instruction they need to progress as a player.

#### Dates offered:

**July 10 – 14, 2006** 

**215401-K** Ages 7-17 (5-day \$229) 9:00am-4:00pm



# FIELDHOUSE VOLLEYBALL CAMP

Players will take part in drills designed to teach the fundamentals of volleyball. Skills will include bumping, serving, setting, spiking, and position placement. Conditioning will also be covered to aid in the individual development of the camper. This camp is perfect for beginners along with those looking to sharpen their skills for the upcoming season. The head coach for this camp will be Loretta Vogel.

**Dates offered: June 19 – 22, 2006 215402-A** Ages 10-17 (4-day \$165) 9:00am-4:00pm

# AAU GIRLS VOLLEYBALL CAMP

Joe Dumars' Fieldhouse and the Michigan AAU are teaming up to bring you the seventh annual AAU Volleyball Camp. Designed for the intermediate to advanced player, this camp is a perfect follow-up to the Fieldhouse Training camp. Not only will players work on individual fundamentals, but also fitness training and stretches that will increase personal strength and vertical leap. Team strategies including serving, passing/offense concepts, setting and the attack will also be a focus for this camp. Head Coach: Loretta Vogel.

**Dates offered: July 31 - August 4, 2006 215402-B** Ages 10-17 (5-day \$225) 9:00AM-4:00PM

# ALL AROUND CAMP

Dates offered:

Each day campers will participate in a variety of different sports including baseball, basketball, floor hockey, touch football and soccer. The focus of the program is both fun and athletic skill development. Campers are given top-flight instruction in a non-competitive environment. Open to both boys and girls.

July 17 – July 21, 2006 215403-A Ages 7-12 (5-day \$199) 9:00am-4:00pm July 31 – August 4, 2006 215403-B Ages 7-12 (5-day \$199) 9:00am-4:00pm

# PEE WEE MULTISPORT

Boys and girls are invited to participate in this introduction to several different sports including floor hockey, tee-ball and soccer. Non-sport games like Hot Potato and Simon Says will also be a part of the activities.

Dates offered: June 12 - 16, 2006 215404-A Ages 4-7 (5-day \$99) 9:00-11:30AM July 24 - 28, 2006 215404-B Ages 4-7 (5-day \$99) 9:00-11:30AM August 7 - 11, 2006 215404-C Ages 4 -7 (5-day \$99) 9:00-11:30AM

# FIELDHOUSE ADVENTURE CAMP

Parents, help your children recognize their full potential in our new Fieldhouse Adventure Camp. Under the guidance of our professionally trained staff, campers will be facilitated through a series of increasingly difficult personal and team challenges designed to instill self-confidence, encourage team skill development, and most of all, have fun! In addition to use of our recreational facilities, campers will have the opportunity to climb the Caj'n Cliffs, traverse dangling and wobbly bridges high above the ground, and race down our new zip line.

Dates offered:
July 10 - 14, 2006
215405-A Ages 8-14 (5-day \$129) 9:00am-12:00pm
July 24 - 28, 2006
215405-B Ages 8-14 (5-day \$129) 9:00am-12:00pm

### TEE-BALL CAMP

Campers will learn the basics of catching, hitting, fielding and base running. This camp is perfect for the beginner looking to learn the rules of the game as well as the skills it will take to play on a team.

**Dates offered: July 5-7, 2006 215406-A** Ages 5-7 (3-day \$74) 9:00AM-12:00PM

# ARTS AND CRAFTS CAMP

Let your child's imagination run wild in our new Arts & Crafts camp! This four-day workshop will include everything from buttons and beads to painting and pillows. Your young artist will work on a new project each day. The cost includes all materials.

Dates offered: July 5-7, 2006 215407-A Ages 8-12 (3-day \$94) 9:00am-12:00pm July 31- August 3, 2006 215407-B Ages 8-12 (4-day \$129) 9:00am-12:00pm

# SOCCER CAMP

Designed to teach the fundamental skills of the most popular sport in the world. This camp will focus on dribbling, passing and trapping drills. Daily scrimmages will also be a part of the activities.

**Dates offered: July 5-7, 2006 215408-A** Ages 5-7 (3-day \$74) 1:00-4:00PM

# FOOTBALL CAMP

This non-contact camp is designed for the beginner who seeks to gain the skills it will take to play on a team. Drills include catching techniques, formations, defensive & offensive strategies and basic rules.

Dates offered: July 5-7, 2006

**215409-A** Ages 8-13 (3-day camp \$74) 1:00-4:00PM

# HOCKEY

Note: All Roller Hockey Camps will be held at either Joe Dumars' Fieldhouse or Maxx Arena.

Joe Dumars' Fieldhouse (JDF)

45300 Mound Road, Shelby Township 586-731-3080

Maxx Arena (MX)

50625 Van Dyke, Shelby Township 586-726-5705

# HOCKEY TECH

\$84.00 per participant

No.	Dates	Times	Ages	Location
215412-A	Jun 19-22	9ам-12рм	12&younger	(JDF)
215412-B	Jul 24-27	9ам-12рм	12&younger	(JDF)
215412-C	Aug 14-17	9ам-12рм	12&vounger	(MX)

Geared for Atom, Mite and Squirt House League players

All of the essential hockey skills are covered with a particular focus on Skating and Positioning. Passing, shooting, face-offs, defensive and offensive zone positioning and the importance of team play will also be emphasized. To add some fun, each day campers will participate in an entertainment activity in the Bayou Fun Center at no additional cost.

# ELITE CAMP

\$89.00 per participant

No.	Dates	Times	Ages	Location
215412-D	Jun 19-22	12-2рм	8&U/10&U	(JDF)
215412-Е	Jun 19-22	2-4РМ	12&U/14&U	(JDF)
215412-F	Jul 24-27	12-2рм	8&U/10&U	(JDF)
215412-G	Jul 24-27	2-4 <sub>PM</sub>	12&U/14&U	(JDF)
215412-Н	Aug 14-17	12-2рм	8&U/10&U	(MX)
215412-I	Aug 14-17	2-4рм	12&U/14&U	(MX)

Designed for the Rec and Open level player or participants that have participated in a Hockey Tech or Power Skating Camp.

This is an intense work-out from start to finish. Players must possess the enthusiasm and excitement that a successful elite level player should have.

# POWER SKATING CAMP

\$89.00 per participant

No.	Dates	Times	Ages	Location
215412-J	Jun 26-29	11AM-1PM	8&U/10&U	(MX)
215412-K	Jun 26-29	1-3рм	12&U/14&U	(MX)
215412-L	Aug 21-24	11AM-1PM	8&U/10&U	(JDF)
215412-M	Aug 21-24	1-3рм	12&U/14&U	(JDF)

Bring your workbooks for this one.

This is an up-tempo camp designed for the stronger players in both house and open leagues. The school is run at an intense pace and players will be expected to carry out more complicated drills at higher speeds. All the drills are designed with game-like situations in mind. While there is plenty of individual instruction throughout the camp, there is not much time wasted with the whole group in explaining the basics. This is a great workout for all players looking to gain that final edge against their competition.

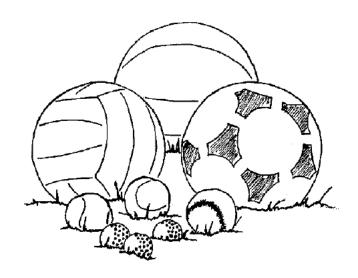
# GOALIE CAMP

\$59.00 per participant

No.	Dates	Times	Ages	Location
215412-N	Jun 26-28	9-11 <sub>AM</sub>	All Ages	(MX)
215412-0	Aug 21-23	9-11 <sub>AM</sub>	All Ages	(JDF)

Some of the finest goalies in the area will instruct this camp ideal for goalies on any age or talent level.

In addition to the basics, goalies will learn the proper techniques used in covering angles, stacking the pads, butterfly position, side to side movements and playing the puck.



# PARKS & RECREATION

**Creating Community Through People, Parks & Programs** 



54755 Broughton (586) 992-8600 www.suburbanice.com

**REGISTRATIONS FOR ALL SUBURBAN ICE PROGRAMS MUST BE SUBMITTED TO SUBURBAN ICE – Macomb.**See above for address and phone number.

REGISTRATIONS ARE CURRENTLY BEING TAKEN VIA PHONE OR WALK-IN AT SUBURBAN ICE-MACOMB.

# LEARN TO SKATE

Suburban Ice-Macomb Register for these programs at Suburban Ice-Macomb

#### Parent/Tot

For skaters ages 3-5 years of age with little or no skating experience. Learn basic balance and skating skills in a fun, introductory class with their parent or adult friend. Participating adults should be able to skate.

#### **Snowplow Sam 1-3**

For skaters ages 3-5 years of age with little or no skating experience. Learn basic balance and skating skills in an age appropriate setting.

#### Basic 1-8

Ages 6 and up. All beginner skaters will begin in Basic 1. Classes cover a wide range of skating skills from basic forward and backward skating to more advanced elements and maneuvers. Skills build on each other as skaters progress through each level.

#### Freestyle 1-2

Advanced skating working on edge quality, and advanced jumps and spins. It is recommended that skaters have their own skates. Private lessons are encouraged.

#### Adult 1-4

For skaters 16 and older. Class designed for the mature skater interested in learning how to skate.

#### Fees

(Based on seven-week session): \$100 for Parent Tot (parent skates free); \$90 for Snowplow Sam 1; \$80 for all other classes. Fees will be pro-rated for six-week sessions.

Class times and dates vary. Please contact Suburban Ice-Macomb for more details: 586-992-8600.

# SUMMER CAMP

This three-day camp is a great opportunity to meet new friends and skate during the summer. Classes will be 40-minutes long with a 40 minute practice as well. Skaters will be grouped together according to skill level.

**Fees:** \$45.00

July 17, 18, 19 12-1:20<sub>PM</sub>

# SUBURBAN FUNDAMENTAL HOCKEY (LEARN TO PLAY)

# MIGHTY MITE (Ages 4-6)

Mighty Mites is recommended as the first step for beginning hockey players who have completed a Learn-to-Skate class and have a solid base of fundamental skating skills. Emphasis will be on creating a fun, challenging environment for players to learn the beginning principles of skating in equipment, stickhandling and puck skills. Skill stations and skill building games are a part of each session.

#### MINI MITE (Ages 5-8)

This program serves as an introduction to "team" play with practice sessions and small-ice games. The first five weeks of the program serve as a training camp to teach ageappropriate skills to players and as an on-ice training session for coaches. At the end of training camp players are divided into equal teams and receive their team jerseys and hockey socks. Teams will be grouped into lines based on skill and experience. Lines will be matched during all game situations to ensure that players are playing at their competitive level. Weekly practice sessions focus on fundamental skating and puck skills using skill stations and small-ice games. Weekend sessions consist of small-ice games in a fun, ageappropriate and competitive environment that maximizes ice time, increases puck possession time, stimulates creativity and enhances the fundamental skill development of each player Two 1-hour skates each week – one on Thursday or Friday evenings between 4:45-7:30pm and one on Sundays between 1:00-6:00pm

#### BE A PLAYER (Ages 7-14)

This league is for mites (ages 7-8), squirts (ages 9-10), pee wees (ages 11-12) and bantams (ages 13-14). Two 1-hour skates each week — one on Thursday or Friday evenings between 4:45-8:30pm and one on Sundays between Noon-7:00pm. The first five weeks of the program serve as a training camp to teach age-appropriate skills to players and as an on-ice training session for coaches. At the end of training camp players are divided into equal teams and receive their team jerseys and hockey socks. Teams will be

grouped into lines based on skill and experience. Lines will be matched during all game situations to ensure that players are playing at their competitive level. Weekly practice sessions focus on fundamental skating and puck skills using skill stations and small-ice games. Weekend games will be structured to maximize ice time, teach positioning, strategy and rules of the game, and to insure that each player has the opportunity to compete, improve and enjoy the game.

### IT'S A GIRL THING! (Ages 7-14)

This League is for girls only – no boys allowed! The first five weeks of the program serve as a training camp to teach age-appropriate skills to players and as an on-ice training session for coaches. At the end of training camp players are divided into equal teams and receive their team jerseys and hockey socks. Teams will be grouped into lines based on skill and experience. Lines will be matched during all game situations to ensure that players are playing at their competitive level. Weekly practice sessions focus on fundamental skating and puck skills using skill stations and small-ice games. Weekend games will be structured to maximize ice time, teach positioning, strategy and rules of the game, and to insure that each player has the opportunity to compete, improve and enjoy the game.

#### **Fees**

\$175 registration fee plus installments (\$125 & \$100 for Mighty Mites; \$200, \$200 & \$175 for Mini Mites; \$210, \$210 & \$210 for Be A Player and It's A Girl Thing!)

Class times and dates vary. Please contact Suburban Ice-Macomb for more details: 586-992-8600.

# MACOMB HOCKEY CLUB

#### House (B) Program

For players ready to play at a more competitive level.

Goals of this program are: Provide a FUN and safe environment to play the game, promote sportsmanship and fair play, parity amongst teams so that every game is meaningful and competitive for the players and educate, encourage and support volunteer coaches. Players are placed at their competitive level so that they enjoy playing the game.

Teams offered in Mite through Bantam age classifications. All practices and games played in-house at Suburban Ice – Macomb. Teams are able to travel to tournaments and scrimmage at other arenas, which the cost is above and beyond the program fees. Players will attend "training camp" during the first portion of the league. Evaluations will be submitted to the MHC staff and teams will be formed with

the primary goal of creating parity among all of the teams in the age division so that every game is meaningful and competitive for the players. Program fees cover: Ice time, Player/Coach membership with USA Hockey/MAHA, Referee fees for league games, District and/or State Entry fees, Home/Away Jerseys and Socks, Picture Package, Year End Party and Awards.

**Fees:** \$175 registration fee plus ice fees

Class times and dates vary. Please contact Suburban Ice-Macomb for more details. 586-992-8600

# SUMMER HOCKEY LEAGUES & INSTRUCTIONAL PROGRAMS FOR YOUTH AND ADULTS

More information will be available in May...please call (586)992-8600 or visit suburbanice.com

# ICE HOCKEY LEARN TO PLAY ICE HOCKEY CAMP

This is a six-week camp with focus on commitment to the development of skills, knowledge of the game of ice hockey and FUN! Players are grouped by age and skill. Beginning July 13. Instruction will be on Thursdays.

**Fees:** \$100.00 (6 weeks)

Days	Times
4 – 8 yrs	4:15-5:05рм
7 – 14 yrs (Girls Only)	5:15-6:05рм
15+ yrs (Women)	6:15-7:05рм
15+ yrs (Men)	7:15-8:05рм

# ADULT DROP-IN HOCKEY

Ages 18 & Up

ID & Full Equipment Required

Fees: Weekdays - \$9.00/player

Evenings & Weekends - \$12/player (goalies free)

Class Size: 24 skaters/4 goalies

Days	Times
Monday – Friday	11:30ам-12:50рм
Mondays (women only)	10:15-11:35рм
Tuesdays, Wednesdays & Fridays	6:30-7:50am
Wednesdays (women only)	9:30-10:50am
Thursdays & Sundays	9:45-11:05рм
Saturdays	10:15-11:35рм
Saturdays (women only)	10:00-11:20рм

# HIGH SCHOOL DROP-IN HOCKEY

- Ages 14 17 (with school ID)
- ID & Full Equipment Required

Fees: \$10/player (goalies free) Class Size: 24 skaters/4 goalies

DaysTimesTuesday & Wednesday3:00-4:20PM

# POP-IN HOCKEY

- All ages
- Full Equipment Required
- No pick-up games...work on individual skills

**Fees:** \$10

Class Size: 24 skaters/4 goalies

**Days** Times
Thursdays 3:00-4:20<sub>PM</sub>

# OPEN SKATING

Fees: Weekdays-\$3/admission, \$2/skate rental

Weekends-\$5/adult admission \$4/children & seniors admission

\$3/skate rental

 Days
 Times

 Monday-Friday
 Noon-1:50PM

 Tuesday
 3:00 -5:05PM

 Saturday & Sunday
 2:45-4:35PM

 Friday & Saturday
 8:15-10:05PM

# ATTENTION PATRONS

Beginning January 1, 2006 all patrons signing up for Macomb Township Parks and Recreation activities will be allowed to register members of their immediate family and one other family only. A signed registration form with name and address and separate payment must be provided for each family.

Thank you for your cooperation.

**Macomb Township Parks and Recreation** 

# 2006 SPONSORS - THANK YOU!

John Anton Companies
Polaris Enterprises
Huntington Bank
GTR Builders
Kristel Cleaning
Spalding DeDecker Associates, Inc.
Oliver Sod Farms
Michigan Education Savings Program (MESP)
USA Credit Union

# HOW DO I REGISTER FOR A PROGRAM?

#### RESIDENT REGISTRATION

Advanced Registration for Macomb Township Residents will take place Saturday, April 29, 2006 from 8:00Am-11:30Am at the Macomb Township Recreation Center.

Registrations will NOT be accepted after 11:30AM on this day.

#### RESIDENT WALK-IN REGISTRATION

Registrations will be accepted from Macomb Township Residents on Monday, May 1st and Tuesday, May  $2^{nd}$  from 8:00am-8:00pm at the Macomb Township Recreation Center.

#### SWIM LESSON REGISTRATION

Registrations for swimming lessons will take place during resident registration. Those individuals wishing to register for swimming lessons who have not previously taken a swim test or participated in our swim lessons must take a swim test. Swimming tests will be conducted on April 29th during the time of registration. Additional swim test dates are May 1-4. Please read pages 6-7 in this brochure for detailed description. **Only Resident Registrations will be processed April 29.** 

Registrations will NOT be accepted after 11:30am on this day.

#### MAIL-IN REGISTRATION

Mail-In registrations will be processed on Wednesday, May  $3^{\rm rd}$  from 8:00AM-12:00PM. In the event the class is full, you will be notified.

#### **OPEN REGISTRATION**

Beginning Wednesday, May 3<sup>rd</sup> at 12:00<sub>PM</sub>, open registration will begin for everyone. Registrations will be taken at the following times: Monday-Friday, 8:00<sub>AM</sub>-8:00<sub>PM</sub>; Saturdays, 9:00<sub>AM</sub>-4:00<sub>PM</sub>; Sundays, 1:00<sub>PM</sub>-4:00<sub>PM</sub>.

#### **CONFIRMATION RECEIPT**

If you want a written confirmation receipt mailed to you please include a self-addressed stamped envelope with your registration form and payment.

#### PRO-RATE REGISTRATION FEES

Fees cannot be prorated due to late registration or partial attendance.

#### CANCELLATIONS

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

#### RESIDENT DISCOUNT

Macomb Township residents receive a discount on many program registration fees due to their support of the parks and recreation program through a special assessment millage.

WE ACCEPT CASH AND CHECK PAYMENTS ONLY.

# REFUND POLICY

#### **CLASS REFUNDS**

Unless noted in a class description, or other published material, customerinitiated refunds will be honored through the first class meeting. If the refund is requested as a household credit, which can be used toward future activities, the entire amount will be credited. If a refund check is requested, it will be mailed within 4 weeks less a \$5.00 processing fee.

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

#### TRIP REFUNDS

No refunds on 1-day trips and extended travel unless a replacement is found.

#### **SPECIAL EVENT REFUNDS**

There are no refunds on special events.



# MACOMB TOWNSHIP PARKS & RECREATION PROGRAM REGISTRATION FORM

Register by mail or in person: Parks & Recreation Office 20699 Macomb Street Macomb, MI 48042 (Off Broughton Road, south of 25 Mile Road)

(List parent's name if participant is under 18 years of age.)			FII	First Name				
Address			Cit	City Zip				
Home Phone () Emergency Phone (				ork Phone (	_)			
Participant's Name (Last/First)	Birthdate (mm/dd/yy)	M/F	Activity Name	Activity Number	Days	Times	Resident Fee	Non-Res Fee
				-				
				-				
				_				
				-				
				_				
				_				
	I			l	TOTAL	l	l	1
T-shirt Size Chart YS (youth small) 6-8	AS (adult smal AM (adult med	<i>'</i>	# of Tickets (if applicable)					
YM (youth medium) 10-12	,	,						
YL (youth large) 14-16	AXL (adult extr		T-Shirt Size (if applicable)  Please make check or money order payable to					
Special Needs:								
Macomb Township Release A this activity, the undersigned a			f being permitted to	participate in the town	iship activity of	r use of any fa	icilities in coni	nection with
The undersigned hereby rele     "releasees") from all liability     on account of injury to the j     undersigned is participating	to the undersigned person or property	I his or her of the unde	personal representarsigned whether car	atives, assigns, heirs, a used by any negligent a	nd next of kin t act or omission	for any loss, d	amage, or clai	m therefore
The undersigned hereby ago attorney fees (including atto caused by any negligent act	rney fees to establis	sh the relea	see's right to indem					
3. The undersigned hereby ass the activity or using any faci	sumes full responsib ilities and equipmen	oility for and t whether c	l risk of bodily injur aused by any neglig	y, death or property da gent act or omission of	mage while up releasees or ot	on Township p herwise.	roperty or par	ticipating in
The undersigned expressly agr as permitted by Michigan law a								
I acknowledge that I have read Township or its employees, ag no oral representations; staten	ents, or officers if I	am injured	or damaged for an					
If the participants are minors, or custodial parent of the abov agreement.								
Signature			Print Nam	e			Date	
Office Use Only S	taff Initials		Paid hy	check #		Paid by	cash	

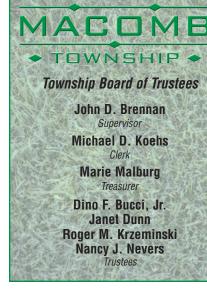
# MACOMB TOWNSHIP OFFICE PHONE NUMBERS

Building Department(586) 992-0710, ext. 1	Finance Office(586) 992-0710, ext. 7
Parks & Recreation Department(586) 992-2900	Supervisor's Office(586) 992-0710, ext. 8
Assessing Department(586) 992-0710, ext. 3	Fire Department Headquarters(586) 286-0030
Planning & Zoning Office(586) 992-0710, ext. 4	Water & Sewer Department(586) 598-0687
Treasurer's Office(586) 992-0710, ext. 5	Water & Sewer (Emergency)(586) 598-1790
Clerk's Office(586) 992-0710, ext. 6	

# FREQUENTLY REQUESTED PHONE NUMBERS

	1 11290 211121	. 12402
A.Y.S.O. Soccer	(586)	739-9797
Boys & Girls Club - Shelby Township.	(586)	566-5516
Chesterfield Township Parks & Recrea	ation(586)	949-0400
Chippewa Valley School District	(586)	723-2000
Clinton-Macomb Library North Branch	h(586)	226-5080
Clinton Township Parks & Recreation	(586)	286-9336
Clinton Valley Girls Softball	(586)	263-1862
Freedom Hill	(586)	979-7010
Girl Scouts Macomb County	(586)	263-0220
L'Anse Creuse School District	(586)	783-6300
Macomb County Road Commission .	(586)	463-8671
Macomb County Sheriff	(586)	469-5151
Macomb Mustangs Football	.www.macombmus	tangs.com

Macomb Mustangs Lacrosse	(586) 247-6407
Macomb Township Little League	www.mtllb.com
Macomb Township Parks & Recreation Hotline	(586) 992-2909
Metro Beach Metropark	(586) 463-4581
Michigan DNR Campground Reservations	(800) 44PARKS
New Haven School District	(586) 749-5124
Romeo Washington Bruce Parks & Recreation .	(586) 752-6543
Shelby Township Parks & Recreation	(586) 731-0300
Stony Creek Metropark	(586) 781-4242
Suburban Ice	(586) 992-8600
United Soccer League	(586) 992-2707
Utica Community School District	(586) 797-1000
Wolcott Mill Metropark	(586) 749-5997



# PARKS & RECREATION

Creating Community Through People, Parks & Programs

Salvatore A. DiCaro
Parks & Recreation Director

Jason D. Spiller

Facility Supervisor

Permelia G. Gross
Aquatics Supervisor

Jerry M. Krawchuk
Recreation Program Coordinator

Patricia M. Allen

Secretary

Telephone (586) 992-2900 Fax (586) 992-2999 Contact us at: parks-rec@macomb-mi.gov MACOMB COUNTY
SAFETY FAIR

Mark your calendar...
Saturday, September 16th

More details coming soon!

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